

## कक्षा - 9 की मासिक कार्यक्रम प्रसारण सारणी

### Monthly Program Transmission Schedule of Class - 9

### कक्षा - 9 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

### Subject-wise Weekly Program Transmission Schedule of Class - 9

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	गणित	गणित	संस्कृत	اردو (उर्दू)	इतिहास
भूगोल	भूगोल	विज्ञान	विज्ञान	अर्थशास्त्र	हिन्दी	राजनीति विज्ञान
Science	Science	History	History	Mathematics	Political Science	Activities Mathematics/ Science
Mathematics	Mathematics	English	English	Science	Geography	Geography
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education
ISL	ISL	ISL	ISL	ISL	ISL	ISL

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/31](https://www.swayamprabha.gov.in/index.php/program/current_se/31).

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

**कक्षा -9 की मासिक कार्यक्रम प्रसारण सारणी**  
**Monthly Program Transmission Schedule of Class 9**

क्र० सं० S. No.	विषय Subject	कार्यक्रम शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time									
				आवृत्ति 1 Cycle 1	आवृत्ति 2 Cycle 2	आवृत्ति 3 Cycle 3	आवृत्ति 4 Cycle 4	आवृत्ति 5 Cycle 5	आवृत्ति 6 Cycle 6	आवृत्ति 7 Cycle 7	आवृत्ति 8 Cycle 8	आवृत्ति 9 Cycle 9	आवृत्ति 10 Cycle 10
<b>रविवार, 1 जनवरी 2023</b> Sunday, 1 January 2023													
1	सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग - 1	Hindi	12:00 AM	2:30 AM	5:01 AM	7:31 AM	10:02 AM	12:33 PM	3:03 PM	5:34 PM	8:05 PM	11:29 PM
2	सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 2: सविधान निर्माण, भाग - 1	Hindi	12:26 AM	2:57 AM	5:28 AM	7:58 AM	10:29 AM	1:00 PM	3:30 PM	6:01 PM	8:32 PM	11:59 PM
3	Social Science (Economics)	Economics, Chapter 2: People as Resource - Overview	English	12:53 AM	3:24 AM	5:54 AM	8:25 AM	10:56 AM	1:26 PM	3:57 PM	6:28 PM	8:58 PM	10:35 PM
4	Social Science (Geography)	Contemporary India-I, Chapter 1: Size of India	English	1:23 AM	3:54 AM	6:24 AM	8:55 AM	11:26 AM	1:56 PM	4:27 PM	6:57 PM	9:28 PM	11:02 PM
5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	2:19 AM	4:50 AM	7:21 AM	9:51 AM	12:22 PM	2:52 PM	5:23 PM	7:54 PM	10:24 PM	NA
<b>सोमवार, 2 जनवरी 2023</b> Monday, 2 January 2023													
1	हिन्दी	क्षितिज, पाठ 10: वाख	Hindi	12:00 AM	2:37 AM	5:14 AM	7:52 AM	10:29 AM	1:06 PM	3:44 PM	6:21 PM	8:59 PM	11:36 PM
2	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 3: अपवाह, भाग - 1	Hindi	12:27 AM	3:05 AM	5:42 AM	8:20 AM	10:57 AM	1:34 PM	4:12 PM	6:49 PM	9:27 PM	NA
3	Science	Chapter - 8: Motion	English	12:50 AM	3:27 AM	6:04 AM	8:42 AM	11:19 AM	1:57 PM	4:34 PM	7:11 PM	9:49 PM	NA
4	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	1:16 AM	3:54 AM	6:31 AM	9:08 AM	11:46 AM	2:23 PM	5:01 PM	7:38 PM	10:15 PM	NA
5	Mathematics	Chapter 5: Introduction to Euclid's Geometry, Part - I	English	1:33 AM	4:10 AM	6:47 AM	9:25 AM	12:02 PM	2:40 PM	5:17 PM	7:54 PM	10:32 PM	NA
<b>मंगलवार, 3 जनवरी 2023</b> Tuesday, 3 January 2023													
1	हिन्दी	क्षितिज, पाठ 10: वाख	Hindi	12:00 AM	2:29 AM	4:58 AM	7:28 AM	9:57 AM	12:26 PM	2:56 PM	5:25 PM	7:54 PM	10:24 PM
2	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 3: अपवाह, भाग - 2	Hindi	12:22 AM	2:52 AM	5:21 AM	7:50 AM	10:20 AM	12:49 PM	3:19 PM	5:48 PM	8:17 PM	10:47 PM
3	Science	Chapter - 8: Motion, Part - I	English	12:48 AM	3:17 AM	5:47 AM	8:16 AM	10:45 AM	1:15 PM	3:44 PM	6:13 PM	8:43 PM	11:12 PM
4	Mathematics	Chapter - 5: Introduction to Euclid's Geometry	English	1:46 AM	4:16 AM	6:45 AM	9:14 AM	11:44 AM	2:13 PM	4:42 PM	7:12 PM	9:41 PM	NA
5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	2:20 AM	4:50 AM	7:19 AM	9:48 AM	12:18 PM	2:47 PM	5:16 PM	7:46 PM	10:15 PM	NA

**बुधवार, 4 जनवरी 2023**  
**Wednesday, 4 January 2023**

1	गणित	पाठ 1: संख्या पद्धति	Hindi	12:00 AM	2:37 AM	5:14 AM	7:52 AM	10:29 AM	1:06 PM	3:44 PM	6:21 PM	8:58 PM	11:36 PM
2	विज्ञान	पाठ 15: खाद्य संसाधनों में सुधार	Hindi	12:26 AM	3:03 AM	5:41 AM	8:18 AM	10:55 AM	1:33 PM	4:10 PM	6:47 PM	9:25 PM	NA
3	Social Science (History)	India and the Contemporary World-I, Ch - 5: Pastoralists in the Modern World Part I	English	12:58 AM	3:35 AM	6:13 AM	8:50 AM	11:27 AM	2:05 PM	4:42 PM	7:19 PM	9:57 PM	NA
4	English	Beehive, Chapter - 10: Kathmandu, A Slumber did my Spirit Seal	English	1:36 AM	4:13 AM	6:51 AM	9:28 AM	12:05 PM	2:43 PM	5:20 PM	7:58 PM	10:35 PM	NA
5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	2:24 AM	5:01 AM	7:39 AM	10:16 AM	12:53 PM	3:31 PM	6:08 PM	8:45 PM	11:23 PM	NA

**बृहस्पतिवार, 5 जनवरी 2023**  
**Thursday, 5 January 2023**

1	गणित	पाठ 2: बहुपद, भाग - 1	Hindi	12:00 AM	2:27 AM	4:54 AM	7:21 AM	9:48 AM	12:16 PM	2:43 PM	5:10 PM	7:37 PM	10:04 PM
2	विज्ञान	पाठ 1: हमारे आस-पास के पदार्थ	Hindi	12:33 AM	3:00 AM	5:28 AM	7:55 AM	10:22 AM	12:49 PM	3:16 PM	5:44 PM	8:11 PM	10:38 PM
3	Social Science (History)	India and the Contemporary World-I, Ch - 5: Pastoralists in the Modern World Part II	English	12:58 AM	3:25 AM	5:52 AM	8:20 AM	10:47 AM	1:14 PM	3:41 PM	6:08 PM	8:36 PM	11:03 PM
4	English	Moments, Chapter - 10: The Beggar	English	1:32 AM	3:59 AM	6:27 AM	8:54 AM	11:21 AM	1:48 PM	4:15 PM	6:43 PM	9:10 PM	11:37 PM
5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Chain Stitch	English	2:12 AM	4:39 AM	7:06 AM	9:33 AM	12:00 PM	2:28 PM	4:55 PM	7:22 PM	9:49 PM	NA

**शुक्रवार, 6 जनवरी 2023**  
**Friday, 6 January 2023**

1	संस्कृत	पाठ 1: भारतीयसन्तगीति: भाग - 1	Sanskrit	12:00 AM	2:26 AM	4:52 AM	7:18 AM	9:44 AM	12:11 PM	2:37 PM	5:03 PM	7:29 PM	9:55 PM
2	सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	Hindi	12:32 AM	2:59 AM	5:25 AM	7:51 AM	10:17 AM	12:43 PM	3:10 PM	5:36 PM	8:02 PM	10:28 PM
3	Mathematics	Chapter 5: Introduction to Euclid's Geometry, Part - II	English	1:02 AM	3:28 AM	5:54 AM	8:20 AM	10:46 AM	1:13 PM	3:39 PM	6:05 PM	8:31 PM	10:58 PM
4	Science	Chapter - 8: Motion, Part - II	English	1:26 AM	3:53 AM	6:19 AM	8:45 AM	11:11 AM	1:37 PM	4:04 PM	6:30 PM	8:56 PM	11:22 PM
5	Vocational Videos	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Heat Method	English	2:18 AM	4:44 AM	7:10 AM	9:37 AM	12:03 PM	2:29 PM	4:55 PM	7:22 PM	9:48 PM	NA

**शनिवार, 7 जनवरी 2023**  
**Saturday, 7 January 2023**

1	संस्कृत	पाठ 2: स्वर्णकाक: भाग - 1	Sanskrit	12:00 AM	2:30 AM	5:01 AM	7:32 AM	10:03 AM	12:33 PM	3:04 PM	5:35 PM	8:06 PM	10:36 PM
---	---------	---------------------------	----------	----------	---------	---------	---------	----------	----------	---------	---------	---------	----------

2	हिन्दी	स्पर्श, पाठ 11: गीत-अगीत	Hindi	12:34 AM	3:05 AM	5:36 AM	8:06 AM	10:37 AM	1:08 PM	3:39 PM	6:09 PM	8:40 PM	11:11 PM
3	Social Science (Political Science)	Democratic Politics-I, Chapter 1: What is Democracy? - Overview	English	1:09 AM	3:39 AM	6:10 AM	8:41 AM	11:12 AM	1:42 PM	4:13 PM	6:44 PM	9:15 PM	11:45 PM
4	Social Science (Geography)	Contemporary India-I, Chapter 2: The Island	English	1:26 AM	3:57 AM	6:28 AM	8:58 AM	11:29 AM	2:00 PM	4:31 PM	7:01 PM	9:32 PM	NA
5	सामान्य	बदलकर अपना व्यवहार, करें कोरोना पर वार	Hindi	1:33 AM	4:04 AM	6:34 AM	9:05 AM	11:36 AM	2:07 PM	4:37 PM	7:08 PM	9:39 PM	NA
6	Vocational Videos	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Heat Method	English	1:44 AM	4:14 AM	6:45 AM	9:16 AM	11:47 AM	2:17 PM	4:48 PM	7:19 PM	9:50 PM	NA
7	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Navodaya Vidyalaya	Musical	1:45 AM	4:16 AM	6:47 AM	9:17 AM	11:48 AM	2:19 PM	4:50 PM	7:20 PM	9:51 PM	NA
8	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	2:10 AM	4:41 AM	7:12 AM	9:43 AM	12:13 PM	2:44 PM	5:15 PM	7:46 PM	10:16 PM	NA

**रविवार, 8 जनवरी 2023**  
**Sunday, 8 January 2023**

1	सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	Hindi	12:00 AM	2:27 AM	4:54 AM	7:21 AM	9:48 AM	12:15 PM	2:42 PM	5:09 PM	7:36 PM	10:03 PM
2	सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 2: सविधान निर्माण, भाग - 2	Hindi	12:21 AM	2:48 AM	5:15 AM	7:42 AM	10:09 AM	12:36 PM	3:03 PM	5:30 PM	7:57 PM	10:24 PM
3	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Navodaya Vidyalaya	Musical	12:53 AM	3:20 AM	5:47 AM	8:14 AM	10:41 AM	1:08 PM	3:35 PM	6:02 PM	8:29 PM	10:56 PM
4	Social Science (Economics)	Economics, Chapter 2: People as Resource, Part-I	English	12:59 AM	3:26 AM	5:53 AM	8:20 AM	10:47 AM	1:14 PM	3:41 PM	6:08 PM	8:35 PM	11:02 PM
5	Social Science (Geography)	Contemporary India-I, Chapter 2: The Coastal Plain	English	1:28 AM	3:55 AM	6:22 AM	8:49 AM	11:16 AM	1:43 PM	4:10 PM	6:37 PM	9:04 PM	11:31 PM
6	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	2:04 AM	4:31 AM	6:58 AM	9:25 AM	11:52 AM	2:19 PM	4:46 PM	7:13 PM	9:40 PM	NA
7	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Stem Stitch	English	2:22 AM	4:49 AM	7:16 AM	9:43 AM	12:10 PM	2:37 PM	5:04 PM	7:31 PM	9:58 PM	NA

**सोमवार, 9 जनवरी 2023**  
**Monday, 9 January 2023**

1	हिन्दी	क्षितिज, पाठ 11: सवैये	Hindi	12:00 AM	2:36 AM	5:12 AM	7:48 AM	10:24 AM	1:00 PM	3:36 PM	6:12 PM	8:48 PM	11:25 PM
2	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 4: जलवायु	Hindi	12:29 AM	3:06 AM	5:42 AM	8:18 AM	10:54 AM	1:30 PM	4:06 PM	6:42 PM	9:18 PM	11:54 PM
3	Science	Chapter - 8: Motion, Part - III	English	12:49 AM	3:25 AM	6:01 AM	8:37 AM	11:14 AM	1:50 PM	4:26 PM	7:02 PM	9:38 PM	NA
4	Mathematics	Chapter 5: Introduction to Euclid's Geometry, Part - III	English	1:13 AM	3:49 AM	6:25 AM	9:02 AM	11:38 AM	2:14 PM	4:50 PM	7:26 PM	10:02 PM	NA

5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Stem Stitch	English	2:11 AM	4:47 AM	7:23 AM	9:59 AM	12:36 PM	3:12 PM	5:48 PM	8:24 PM	11:00 PM	NA
---	-------------------	--	---------	------------	------------	------------	------------	-------------	------------	------------	------------	-------------	----

**मंगलवार, 10 जनवरी 2023**  
**Tuesday, 10 January 2023**

1	हिन्दी	क्षितिज, पाठ 11: सवैये	Hindi	12:00 AM	2:39 AM	5:18 AM	7:58 AM	10:37 AM	1:16 PM	3:56 PM	6:35 PM	9:15 PM	11:54 PM
2	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	Hindi	12:27 AM	3:07 AM	5:46 AM	8:25 AM	11:05 AM	1:44 PM	4:24 PM	7:03 PM	9:42 PM	NA
3	Science	Chapter - 8: Motion, Part - IV	English	12:56 AM	3:35 AM	6:14 AM	8:54 AM	11:33 AM	2:12 PM	4:52 PM	7:31 PM	10:11 PM	NA
4	Mathematics	Chapter 6: Lines and Angles, Part - 1	English	1:27 AM	4:06 AM	6:45 AM	9:25 AM	12:04 PM	2:44 PM	5:23 PM	8:02 PM	10:42 PM	NA
5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	2:09 AM	4:48 AM	7:28 AM	10:07 AM	12:46 PM	3:26 PM	6:05 PM	8:45 PM	11:24 PM	NA
6	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Stem Stitch	English	2:20 AM	4:59 AM	7:39 AM	10:18 AM	12:57 PM	3:37 PM	6:16 PM	8:55 PM	11:35 PM	NA

**बुधवार, 11 जनवरी 2023**  
**Wednesday, 11 January 2023**

1	गणित	पाठ 2: बहुपद, भाग - 2	Hindi	12:00 AM	2:34 AM	5:09 AM	7:44 AM	10:19 AM	12:54 PM	9:33 AM	8:38 PM	11:13 PM	NA
2	विज्ञान	पाठ 2: क्या हमारे आस-पास के पदार्थ शुद्ध हैं	Hindi	12:46 AM	3:21 AM	5:55 AM	8:30 AM	11:05 AM	1:40 PM	11:05 AM	9:24 PM	11:59 PM	NA
3	Social Science (History)	India and the Contemporary World-I, Chapter - 5: Pastoralists in the Modern World	English	1:15 AM	3:49 AM	6:24 AM	8:59 AM	11:34 AM	2:09 PM	12:03 PM	9:53 PM	NA	NA
4	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	1:48 AM	4:23 AM	6:58 AM	9:33 AM	12:07 PM	2:42 PM	1:10 PM	10:27 PM	NA	NA
5	Science(General)	Protozoa	English	2:01 AM	4:35 AM	7:10 AM	9:45 AM	12:20 PM	2:55 PM	1:35 PM	10:39 PM	NA	NA
6	English	Beehive, Chapter - 10: Kathmandu	English	2:05 AM	4:40 AM	7:15 AM	9:50 AM	12:24 PM	2:59 PM	1:44 PM	10:44 PM	NA	NA

**बृहस्पतिवार, 12 जनवरी 2023**  
**Thursday, 12 January 2023**

1	गणित	पाठ 3: निर्देशांक ज्यामिति	Hindi	12:00 AM	2:34 AM	5:09 AM	7:43 AM	10:18 AM	12:52 PM	3:27 PM	6:01 PM	8:36 PM	11:11 PM
2	विज्ञान	पाठ 15: खाद्य संसाधनों में सुधार	Hindi	12:25 AM	2:59 AM	5:34 AM	8:08 AM	10:43 AM	1:18 PM	3:52 PM	6:27 PM	9:01 PM	11:36 PM
3	Social Science (History)	India and the Contemporary World-I, Chapter 1, Rights of Man and Citizen	English	12:57 AM	3:31 AM	6:06 AM	8:40 AM	11:15 AM	1:50 PM	4:24 PM	6:59 PM	9:33 PM	NA
4	English	Beehive, Chapter - 10: Kathmandu	English	1:08 AM	3:43 AM	6:17 AM	8:52 AM	11:27 AM	2:01 PM	4:36 PM	7:10 PM	9:45 PM	NA
5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	1:42 AM	4:16 AM	6:51 AM	9:26 AM	12:00 PM	2:35 PM	5:09 PM	7:44 PM	10:18 PM	NA

शुक्रवार, 13 जनवरी 2023  
Friday, 13 January 2023

1	संस्कृत	पाठ 2: स्वर्णकाक: भाग - 2	Sanskrit	12:00 AM	2:26 AM	4:52 AM	7:19 AM	9:45 AM	12:11 PM	2:38 PM	5:04 PM	7:31 PM	9:57 PM
2	सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 1	Hindi	12:25 AM	2:52 AM	5:18 AM	7:45 AM	10:11 AM	12:37 PM	3:04 PM	5:30 PM	7:56 PM	10:23 PM
3	Mathematics	Chapter 6: Lines and Angles, Part - 2	English	1:00 AM	3:26 AM	5:52 AM	8:19 AM	10:45 AM	1:12 PM	3:38 PM	6:04 PM	8:31 PM	10:57 PM
4	Science	Chapter 8: Motion - Motion along a straight line	English	1:31 AM	3:58 AM	6:24 AM	8:50 AM	11:17 AM	1:43 PM	4:10 PM	6:36 PM	9:02 PM	11:29 PM
5	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Arunachal Pradesh	Musical	1:50 AM	4:16 AM	6:43 AM	9:09 AM	11:35 AM	2:02 PM	4:28 PM	6:55 PM	9:21 PM	11:47 PM
6	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	2:13 AM	4:39 AM	7:06 AM	9:32 AM	11:58 AM	2:25 PM	4:51 PM	7:18 PM	9:44 PM	NA

शनिवार, 14 जनवरी 2023  
Saturday, 14 January 2023

1	संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	Sanskrit	12:00 AM	2:37 AM	5:15 AM	7:53 AM	10:30 AM	1:08 PM	3:46 PM	6:23 PM	9:01 PM	11:39 PM
2	हिन्दी	स्पर्श, पाठ 12: अग्नि पथ	Hindi	12:31 AM	3:08 AM	5:46 AM	8:24 AM	11:01 AM	1:39 PM	4:17 PM	6:54 PM	9:32 PM	NA
3	Social Science (Political Science)	Democratic Politics-I, Chapter 1: Features of Democracy	English	1:23 AM	4:00 AM	6:38 AM	9:16 AM	11:53 AM	2:31 PM	5:09 PM	7:46 PM	10:24 PM	NA
4	Social Science (Geography)	Contemporary India-I, Chapter 1: Size of India	English	1:42 AM	4:20 AM	6:58 AM	9:35 AM	12:13 PM	2:51 PM	5:28 PM	8:06 PM	10:44 PM	NA
5	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Arunachal Pradesh	Musical	2:21 AM	4:58 AM	7:36 AM	10:14 AM	12:51 PM	3:29 PM	6:07 PM	8:44 PM	11:22 PM	NA
6	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	2:30 AM	5:08 AM	7:46 AM	10:23 AM	1:01 PM	3:39 PM	6:16 PM	8:54 PM	11:32 PM	NA

रविवार, 15 जनवरी 2023  
Sunday, 15 January 2023

1	सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 3: नात्सीवाद और हिटलर का उदय, भाग - 1	Hindi	12:00 AM	2:35 AM	5:11 AM	7:47 AM	10:23 AM	12:59 PM	3:35 PM	6:11 PM	8:47 PM	11:22 PM
2	सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 3: चुनावी राजनीति	Hindi	12:25 AM	3:00 AM	5:36 AM	8:12 AM	10:48 AM	1:24 PM	4:00 PM	6:36 PM	9:12 PM	11:48 PM
3	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Navodaya Vidyalaya	Musical	12:57 AM	3:33 AM	6:09 AM	8:44 AM	11:20 AM	1:56 PM	4:32 PM	7:08 PM	9:44 PM	NA
4	Social Science (Economics)	Economics, Chapter 2: People as a Resource, Part-II	English	1:04 AM	3:40 AM	6:16 AM	8:52 AM	11:28 AM	2:04 PM	4:39 PM	7:15 PM	9:51 PM	NA
5	Social Science (Geography)	Contemporary India-I, Chapter 2: The Island	English	1:46 AM	4:21 AM	6:57 AM	9:33 AM	12:09 PM	2:45 PM	5:21 PM	7:57 PM	10:33 PM	NA

6	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Stem Stitch	English	2:31 AM	5:07 AM	7:42 AM	10:18 AM	12:54 PM	3:30 PM	6:06 PM	8:42 PM	11:18 PM	NA
---	-------------------	--	---------	------------	------------	------------	-------------	-------------	------------	------------	------------	-------------	----

**सोमवार, 16 जनवरी 2023**  
**Monday, 16 January 2023**

1	हिन्दी	क्षितिज, पाठ 12: कैदी और कोकिला, भाग - 1	Hindi	12:00 AM	2:29 AM	4:59 AM	7:29 AM	9:59 AM	12:29 PM	2:59 PM	5:29 PM	7:59 PM	10:29 PM
2	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 6: जनसंख्या	Hindi	12:30 AM	3:00 AM	5:30 AM	8:00 AM	10:29 AM	12:59 PM	3:29 PM	5:59 PM	8:29 PM	10:59 PM
3	Science	Chapter 8: Motion - Measuring the rate of motion	English	1:01 AM	3:31 AM	6:01 AM	8:31 AM	11:01 AM	1:31 PM	4:00 PM	6:30 PM	9:00 PM	11:30 PM
4	Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	1:04 AM	3:34 AM	6:03 AM	8:33 AM	11:03 AM	1:33 PM	4:03 PM	6:33 PM	9:03 PM	11:33 PM
5	Mathematics	Chapter 6: Lines and Angles, Part - 3	English	1:11 AM	3:41 AM	6:10 AM	8:40 AM	11:10 AM	1:40 PM	4:10 PM	6:40 PM	9:10 PM	11:40 PM
6	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Stem Stitch	English	1:46 AM	4:16 AM	6:46 AM	9:16 AM	11:46 AM	2:16 PM	4:46 PM	7:16 PM	9:46 PM	NA
7	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Split Stitch	English	2:17 AM	4:47 AM	7:17 AM	9:47 AM	12:17 PM	2:47 PM	5:17 PM	7:47 PM	10:17 PM	NA

**मंगलवार, 17 जनवरी 2023**  
**Tuesday, 17 January 2023**

1	हिन्दी	क्षितिज, पाठ 12: कैदी और कोकिला, भाग - 2	Hindi	12:00 AM	2:28 AM	4:56 AM	7:25 AM	9:53 AM	12:22 PM	2:50 PM	5:18 PM	7:47 PM	10:15 PM
2	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 3: अपवाह, भाग - 1	Hindi	12:29 AM	2:57 AM	5:25 AM	7:54 AM	10:22 AM	12:51 PM	3:19 PM	5:47 PM	8:16 PM	10:44 PM
3	Science	Chapter 8: Motion - Distance time graph	English	1:08 AM	3:36 AM	6:05 AM	8:33 AM	11:02 AM	1:30 PM	3:58 PM	6:27 PM	8:55 PM	11:24 PM
4	Mathematics	Chapter 6: Lines and Angles, Part - 4	English	1:12 AM	3:40 AM	6:08 AM	8:37 AM	11:05 AM	1:34 PM	4:02 PM	6:30 PM	8:59 PM	11:27 PM
5	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Navodaya Vidyalaya	Musical	2:01 AM	4:30 AM	6:58 AM	9:26 AM	11:55 AM	2:23 PM	4:52 PM	7:20 PM	9:48 PM	NA
6	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Split Stitch	English	2:09 AM	4:38 AM	7:06 AM	9:34 AM	12:03 PM	2:31 PM	5:00 PM	7:28 PM	9:56 PM	NA
7	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Feather Stitch	English	2:20 AM	4:48 AM	7:17 AM	9:45 AM	12:14 PM	2:42 PM	5:10 PM	7:39 PM	10:07 PM	NA

**बुधवार, 18 जनवरी 2023**  
**Wednesday, 18 January 2023**

1	गणित	पाठ 1: संख्या पद्धति	Hindi	12:00 AM	2:38 AM	5:16 AM	7:54 AM	10:33 AM	1:11 PM	3:49 PM	6:27 PM	9:06 PM	11:44 PM
2	विज्ञान	पाठ 1: हमारे आस-पास के पदार्थ	Hindi	12:26 AM	3:04 AM	5:42 AM	8:21 AM	10:59 AM	1:37 PM	4:16 PM	6:54 PM	9:32 PM	NA
3	Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part I	English	12:53 AM	3:31 AM	6:09 AM	8:47 AM	11:26 AM	2:04 PM	4:42 PM	7:21 PM	9:59 PM	NA

4	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Feather Stitch	English	1:45 AM	4:23 AM	7:02 AM	9:40 AM	12:18 PM	2:56 PM	5:35 PM	8:13 PM	10:51 PM	NA
5	English	Beehive, Chapter - 11: If I Were You	English	2:07 AM	4:46 AM	7:24 AM	10:02 AM	12:40 PM	3:19 PM	5:57 PM	8:35 PM	11:14 PM	NA

**बुधस्पतिवार, 19 जनवरी 2023**  
**Thursday, 19 January 2023**

1	गणित	पाठ 2: बहुपद, भाग - 1	Hindi	12:00 AM	2:32 AM	5:04 AM	7:36 AM	10:08 AM	12:40 PM	3:12 PM	5:45 PM	8:17 PM	10:49 PM
2	विज्ञान	पाठ 2: क्या हमारे आस-पास के पदार्थ शुद्ध हैं	Hindi	12:33 AM	3:05 AM	5:38 AM	8:10 AM	10:42 AM	1:14 PM	3:46 PM	6:18 PM	8:50 PM	11:23 PM
3	Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part II	English	1:04 AM	3:36 AM	6:08 AM	8:41 AM	11:13 AM	1:45 PM	4:17 PM	6:49 PM	9:21 PM	11:53 PM
4	English	Beehive, Chapter - 10: Kathmandu, A Slumber did my Spirit Seal	English	1:34 AM	4:07 AM	6:39 AM	9:11 AM	11:43 AM	2:15 PM	4:47 PM	7:19 PM	9:52 PM	NA
5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Herringbone Stitch	English	2:25 AM	4:57 AM	7:29 AM	10:01 AM	12:33 PM	3:05 PM	5:37 PM	8:10 PM	10:42 PM	NA

**शुक्रवार, 20 जनवरी 2023**  
**Friday, 20 January 2023**

1	संस्कृत	पाठ 1: भारतीयसन्तगीति: भाग - 1	Sanskrit	12:00 AM	2:29 AM	4:59 AM	7:29 AM	9:58 AM	12:28 PM	2:58 PM	5:28 PM	7:57 PM	10:27 PM
2	सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 2	Hindi	12:32 AM	3:02 AM	5:32 AM	8:01 AM	10:31 AM	1:01 PM	3:31 PM	6:00 PM	8:30 PM	11:00 PM
3	Mathematics	Chapter 6: Lines and Angles, Part - 5	English	12:52 AM	3:22 AM	5:52 AM	8:21 AM	10:51 AM	1:21 PM	3:50 PM	6:20 PM	8:50 PM	11:20 PM
4	Science	Chapter 8: Motion - Velocity time graph	English	1:27 AM	3:56 AM	6:26 AM	8:56 AM	11:26 AM	1:55 PM	4:25 PM	6:55 PM	9:24 PM	11:54 PM
5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	1:59 AM	4:29 AM	6:58 AM	9:28 AM	11:58 AM	2:27 PM	4:57 PM	7:27 PM	9:57 PM	NA
6	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Lazy Daisy Stitch	English	2:24 AM	4:53 AM	7:23 AM	9:53 AM	12:22 PM	2:52 PM	5:22 PM	7:52 PM	10:21 PM	NA

**शनिवार, 21 जनवरी 2023**  
**Saturday, 21 January 2023**

1	संस्कृत	पाठ 2: स्वर्णकाक: भाग - 1	Sanskrit	12:00 AM	2:34 AM	5:09 AM	7:44 AM	10:19 AM	12:54 PM	3:29 PM	6:04 PM	8:39 PM	11:14 PM
2	हिन्दी	क्षितिज, पाठ 12: कैदी और कोकिला	Hindi	12:27 AM	3:02 AM	5:37 AM	8:12 AM	10:47 AM	1:22 PM	3:57 PM	6:32 PM	9:07 PM	11:42 PM
3	Social Science (Political Science)	Democratic Politics-I, Chapter 1: Merits and Demerits of Democracy	English	1:02 AM	3:36 AM	6:11 AM	8:46 AM	11:21 AM	1:56 PM	4:31 PM	7:06 PM	9:41 PM	NA
4	Social Science (Geography)	Contemporary India-I, Chapter 2: The Coastal Plain	English	1:15 AM	3:50 AM	6:25 AM	9:00 AM	11:35 AM	2:10 PM	4:45 PM	7:20 PM	9:55 PM	NA



5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Lazy Daisy Stitch	English	2:14 AM	4:49 AM	7:24 AM	9:59 AM	12:34 PM	3:09 PM	5:44 PM	8:19 PM	10:54 PM	NA
6	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	2:27 AM	5:02 AM	7:37 AM	10:12 AM	12:47 PM	3:22 PM	5:57 PM	8:32 PM	11:07 PM	NA

**रविवार, 22 जनवरी 2023**  
**Sunday, 22 January 2023**

1	संस्कृत	पाठ 2: स्वर्णकाक: भाग - 1	Sanskrit	12:00 AM	2:34 AM	5:09 AM	7:44 AM	10:19 AM	12:54 PM	3:29 PM	6:04 PM	8:39 PM	11:14 PM
2	हिन्दी	क्षितिज, पाठ 12: कैदी और कोकिला	Hindi	12:27 AM	3:02 AM	5:37 AM	8:12 AM	10:47 AM	1:22 PM	3:57 PM	6:32 PM	9:07 PM	11:42 PM
3	Social Science (Political Science)	Democratic Politics-1, Chapter 1: Merits and Demerits of Democracy	English	1:02 AM	3:36 AM	6:11 AM	8:46 AM	11:21 AM	1:56 PM	4:31 PM	7:06 PM	9:41 PM	NA
4	Social Science (Geography)	Contemporary India-1, Chapter 2: The Coastal Plain	English	1:15 AM	3:50 AM	6:25 AM	9:00 AM	11:35 AM	2:10 PM	4:45 PM	7:20 PM	9:55 PM	NA
5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Lazy Daisy Stitch	English	2:14 AM	4:49 AM	7:24 AM	9:59 AM	12:34 PM	3:09 PM	5:44 PM	8:19 PM	10:54 PM	NA
6	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	2:27 AM	5:02 AM	7:37 AM	10:12 AM	12:47 PM	3:22 PM	5:57 PM	8:32 PM	11:07 PM	NA

**रविवार, 22 जनवरी 2023**  
**Sunday, 22 January 2023**

1	सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 3: नात्सीवाद और हिटलर का उदय, भाग - 2	Hindi	12:00 AM	2:38 AM	5:17 AM	7:56 AM	10:35 AM	1:14 PM	3:52 PM	6:31 PM	9:10 PM	11:49 PM
2	सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 4: संस्थाओं का कामकाज, भाग - 1	Hindi	12:33 AM	3:11 AM	5:50 AM	8:29 AM	11:08 AM	1:47 PM	4:25 PM	7:04 PM	9:43 PM	NA
3	Social Science (Economics)	Economics, Chapter - 2: People as a Resource, Part 1	English	12:59 AM	3:38 AM	6:17 AM	8:56 AM	11:35 AM	2:13 PM	4:52 PM	7:31 PM	10:10 PM	NA
4	Social Science (Geography)	Contemporary India-1, Chapter 1: Size of India	English	1:30 AM	4:08 AM	6:47 AM	9:26 AM	12:05 PM	2:44 PM	5:22 PM	8:01 PM	10:40 PM	NA
5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Stem Stitch	English	2:34 AM	5:12 AM	7:51 AM	10:30 AM	1:09 PM	3:48 PM	6:26 PM	9:05 PM	11:44 PM	NA

**सोमवार, 23 जनवरी 2023**  
**Monday, 23 January 2023**

1	हिन्दी	क्षितिज, पाठ 10: वाख	Hindi	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:31 PM	8:01 PM	10:31 PM
2	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 3: अपवाह, भाग - 1	Hindi	12:34 AM	3:04 AM	5:35 AM	8:05 AM	10:35 AM	1:05 PM	3:35 PM	6:05 PM	8:36 PM	11:06 PM
3	Science	Chapter 8: Motion - Acceleration graph	English	12:57 AM	3:28 AM	5:58 AM	8:28 AM	10:58 AM	1:28 PM	3:58 PM	6:28 PM	8:59 PM	11:29 PM
4	Mathematics	Chapter 6: Lines and Angles, Part - 6	English	1:17 AM	3:47 AM	6:18 AM	8:48 AM	11:18 AM	1:48 PM	4:18 PM	6:48 PM	9:18 PM	11:49 PM

5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	1:53 AM	4:23 AM	6:53 AM	9:23 AM	11:54 AM	2:24 PM	4:54 PM	7:24 PM	9:54 PM	NA
---	-------------------	---	---------	------------	------------	------------	------------	-------------	------------	------------	------------	------------	----

**मंगलवार, 24 जनवरी 2023**  
**Tuesday, 24 January 2023**

1	हिन्दी	क्षितिज, पाठ 10: वास	Hindi	12:00 AM	2:35 AM	5:11 AM	7:47 AM	10:23 AM	12:59 PM	3:35 PM	6:10 PM	8:46 PM	11:22 PM
2	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 3: अपवाह, भाग - 2	Hindi	12:29 AM	3:05 AM	5:41 AM	8:17 AM	10:53 AM	1:29 PM	4:04 PM	6:40 PM	9:16 PM	11:52 PM
3	Science	Chapter - 9: Force and Laws of Motion	English	1:10 AM	3:46 AM	6:22 AM	8:58 AM	11:33 AM	2:09 PM	4:45 PM	7:21 PM	9:57 PM	NA
4	Mathematics	Chapter - 6: Lines and Angles	English	1:41 AM	4:17 AM	6:53 AM	9:29 AM	12:05 PM	2:41 PM	5:17 PM	7:52 PM	10:28 PM	NA
5	General	राष्ट्रगान	Hindi	2:05 AM	4:41 AM	7:17 AM	9:53 AM	12:28 PM	3:04 PM	5:40 PM	8:16 PM	10:52 PM	NA
6	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Split Stitch	English	2:26 AM	5:01 AM	7:37 AM	10:13 AM	12:49 PM	3:25 PM	6:01 PM	8:36 PM	11:12 PM	NA

**बुधवार, 25 जनवरी 2023**  
**Wednesday, 25 January 2023**

1	गणित	पाठ 2: बहुपद, भाग - 2	Hindi	12:00 AM	2:35 AM	5:10 AM	7:45 AM	10:20 AM	12:55 PM	3:30 PM	6:05 PM	8:40 PM	11:15 PM
2	विज्ञान	पाठ 15: खाद्य संसाधनों में सुधार	Hindi	12:46 AM	3:21 AM	5:56 AM	8:31 AM	11:06 AM	1:41 PM	4:16 PM	6:51 PM	9:26 PM	NA
3	Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part III	English	1:18 AM	3:53 AM	6:28 AM	9:03 AM	11:38 AM	2:13 PM	4:48 PM	7:23 PM	9:58 PM	NA
4	English	Moments, Chapter - 10: The Beggar	English	1:49 AM	4:24 AM	6:59 AM	9:34 AM	12:09 PM	2:44 PM	5:19 PM	7:54 PM	10:29 PM	NA
5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Split Stitch	English	2:29 AM	5:04 AM	7:39 AM	10:14 AM	12:49 PM	3:24 PM	5:59 PM	8:34 PM	11:09 PM	NA

**बृहस्पतिवार, 26 जनवरी 2023**  
**Thursday, 26 January 2023**

1	गणित	पाठ 3: निर्देशांक ज्यामिति	Hindi	12:00 AM	2:24 AM	4:49 AM	7:13 AM	9:38 AM	12:03 PM	2:27 PM	4:52 PM	7:16 PM	9:41 PM
2	विज्ञान	पाठ 1: हमारे आस-पास के पदार्थ	Hindi	12:25 AM	2:49 AM	5:14 AM	7:39 AM	10:03 AM	12:28 PM	2:52 PM	5:17 PM	7:42 PM	10:06 PM
3	Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part IV	English	12:51 AM	3:16 AM	5:41 AM	8:05 AM	10:30 AM	12:54 PM	3:19 PM	5:44 PM	8:08 PM	10:33 PM
4	English	Beehive, Chapter - 10: Kathmandu	English	1:21 AM	3:45 AM	6:10 AM	8:35 AM	10:59 AM	1:24 PM	3:48 PM	6:13 PM	8:38 PM	11:02 PM
5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Herringbone Stitch	English	2:17 AM	4:42 AM	7:06 AM	9:31 AM	11:55 AM	2:20 PM	4:45 PM	7:09 PM	9:34 PM	11:58 PM

**शुक्रवार, 27 जनवरी 2023**  
**Friday, 27 January 2023**

1	संस्कृत	पाठ 2: स्वर्णकाक: भाग - 2	Sanskrit	12:00 AM	2:33 AM	5:06 AM	7:39 AM	10:12 AM	12:45 PM	3:18 PM	5:51 PM	8:24 PM	10:57 PM
2	सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	Hindi	12:25 AM	2:58 AM	5:31 AM	8:04 AM	10:37 AM	1:10 PM	3:43 PM	6:16 PM	8:49 PM	11:22 PM
3	Mathematics	Chapter 5: Introduction to Euclid's Geometry, Part - 1	English	12:55 AM	3:28 AM	6:01 AM	8:34 AM	11:07 AM	1:40 PM	4:13 PM	6:46 PM	9:19 PM	11:52 PM
4	Science	Chapter - 9: Force and Laws of Motion, Part - 1	English	1:28 AM	4:01 AM	6:34 AM	9:07 AM	11:40 AM	2:13 PM	4:46 PM	7:19 PM	9:52 PM	NA
5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Lazy Daisy Stitch	English	2:27 AM	5:00 AM	7:33 AM	10:06 AM	12:39 PM	3:12 PM	5:45 PM	8:18 PM	10:51 PM	NA

**शनिवार, 28 जनवरी 2023**  
**Saturday, 28 January 2023**

1	संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	Sanskrit	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	हिन्दी	स्पर्श, पाठ 11: गीत-अगीत	Hindi	12:38 AM	3:08 AM	5:38 AM	8:08 AM	10:38 AM	1:08 PM	3:38 PM	6:08 PM	8:38 PM	11:08 PM
3	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Dadra and Nagar Haveli	Musical	1:14 AM	3:45 AM	6:15 AM	8:45 AM	11:15 AM	1:45 PM	4:15 PM	6:45 PM	9:15 PM	11:45 PM
4	Social Science (Political Science)	Democratic Politics-I, Chapter 1: Broader Understanding of Democracy	English	1:19 AM	3:49 AM	6:19 AM	8:50 AM	11:20 AM	1:50 PM	4:20 PM	6:50 PM	9:20 PM	11:50 PM
5	Social Science (Geography)	Contemporary India-I, Chapter 2: The Island	English	1:49 AM	4:19 AM	6:49 AM	9:19 AM	11:49 AM	2:19 PM	4:49 PM	7:19 PM	9:49 PM	NA
6	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	2:23 AM	4:53 AM	7:23 AM	9:53 AM	12:23 PM	2:53 PM	5:23 PM	7:53 PM	10:23 PM	NA

**रविवार, 29 जनवरी 2023**  
**Sunday, 29 January 2023**

	सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग - 1	Hindi	12:00 AM	2:35 AM	5:11 AM	7:47 AM	10:23 AM	12:59 PM	3:35 PM	6:11 PM	8:47 PM	11:23 PM
2	सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 4: संस्थाओं का कामकाज, भाग - 2	Hindi	12:26 AM	3:02 AM	5:38 AM	8:14 AM	10:50 AM	1:26 PM	4:02 PM	6:38 PM	9:14 PM	11:50 PM
3	Social Science (Economics)	Economics, Chapter - 2: People as a Resource, Part 2	English	12:46 AM	3:22 AM	5:58 AM	8:34 AM	11:10 AM	1:46 PM	4:21 PM	6:57 PM	9:33 PM	NA
4	Social Science (Geography)	Contemporary India-I, Chapter 2: The Coastal Plain	English	1:10 AM	3:46 AM	6:22 AM	8:58 AM	11:34 AM	2:09 PM	4:45 PM	7:21 PM	9:57 PM	NA
5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	2:25 AM	5:01 AM	7:36 AM	10:12 AM	12:48 PM	3:24 PM	6:00 PM	8:36 PM	11:12 PM	NA

**सोमवार, 30 जनवरी 2023**  
**Monday, 30 January 2023**

1	हिन्दी	क्षितिज, पाठ 11: सवेये	Hindi	12:00 AM	2:37 AM	5:15 AM	7:52 AM	10:30 AM	1:08 PM	3:45 PM	6:23 PM	9:00 PM	11:38 PM
2	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 4: जलवायु	Hindi	12:29 AM	3:07 AM	5:45 AM	8:22 AM	11:00 AM	1:38 PM	4:15 PM	6:53 PM	9:30 PM	NA
3	Science	Chapter - 9: Force and Laws of Motion, Part - II	English	12:49 AM	3:27 AM	6:04 AM	8:42 AM	11:20 AM	1:57 PM	4:35 PM	7:12 PM	9:50 PM	NA
4	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	1:15 AM	3:52 AM	6:30 AM	9:08 AM	11:45 AM	2:23 PM	5:00 PM	7:38 PM	10:16 PM	NA
5	Mathematics	Chapter - 5: Introduction to Euclid's Geometry	English	1:31 AM	4:09 AM	6:46 AM	9:24 AM	12:02 PM	2:39 PM	5:17 PM	7:54 PM	10:32 PM	NA

**मंगलवार, 31 जनवरी 2023**  
**Tuesday, 31 January 2023**

1	हिन्दी	क्षितिज, पाठ 11: सवेये	Hindi	12:00 AM	2:33 AM	5:07 AM	7:41 AM	10:14 AM	12:48 PM	3:22 PM	5:56 PM	8:29 PM	11:03 PM
2	सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	Hindi	12:27 AM	3:01 AM	5:35 AM	8:08 AM	10:42 AM	1:16 PM	3:50 PM	6:23 PM	8:57 PM	11:31 PM
3	Science	Chapter - 9: Force and Laws of Motion, Part - III	English	12:57 AM	3:30 AM	6:04 AM	8:38 AM	11:12 AM	1:45 PM	4:19 PM	6:53 PM	9:26 PM	NA
4	Mathematics	Chapter 5: Introduction to Euclid's Geometry, Part - II	English	1:48 AM	4:22 AM	6:55 AM	9:29 AM	12:03 PM	2:37 PM	5:10 PM	7:44 PM	10:18 PM	NA
5	Vocational Videos	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	2:25 AM	4:58 AM	7:32 AM	10:06 AM	12:40 PM	3:13 PM	5:47 PM	8:21 PM	10:54 PM	NA