

कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 8

कक्षा - 8 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 8

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ اردو (उर्दू)	इतिहास	हिन्दी	संस्कृत/ اردو (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/23.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #30



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2029

कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी
Monthly Program Transmission Schedule of Class - 8

क्र० सं० S. No.	विषय Subject	कार्यक्रम शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time									
				आवृत्ति 1 Cycle 1	आवृत्ति 2 Cycle 2	आवृत्ति 3 Cycle 3	आवृत्ति 4 Cycle 4	आवृत्ति 5 Cycle 5	आवृत्ति 6 Cycle 6	आवृत्ति 7 Cycle 7	आवृत्ति 8 Cycle 8	आवृत्ति 9 Cycle 9	आवृत्ति 10 Cycle 10

रविवार, 1 जनवरी 2023
Sunday, 1 January 2023

1	Physical Education	चक्रासन	hindi	12:00 AM	2:30 AM	5:00 AM	7:31 AM	10:01 AM	12:32 PM	3:02 PM	5:33 PM	8:03 PM	10:34 PM
2	Social Science (Political Science)	पाठ 1: भारतीय संविधान	hindi	12:21 AM	2:52 AM	5:22 AM	7:53 AM	10:23 AM	12:54 PM	3:24 PM	5:54 PM	8:25 PM	10:55 PM
3	Mathematics	Chapter-3, Understanding Quadrilaterals: Activity (Properties of Diagonals in different quadrilaterals)	english	12:43 AM	3:14 AM	5:44 AM	8:15 AM	10:45 AM	1:16 PM	3:46 PM	6:17 PM	8:47 PM	11:17 PM
4	Mathematics	Maths Activity: Solid Shapes	english	12:54 AM	3:25 AM	5:55 AM	8:26 AM	10:56 AM	1:27 PM	3:57 PM	6:28 PM	8:58 PM	11:29 PM
5	Mathematics	Maths Activity: Broom Stick Models	english	1:10 AM	3:40 AM	6:11 AM	8:41 AM	11:12 AM	1:42 PM	4:13 PM	6:43 PM	9:13 PM	11:44 PM
6	Mathematics	Maths Activity: Tensegrity Structures	english	1:12 AM	3:42 AM	6:13 AM	8:43 AM	11:14 AM	1:44 PM	4:15 PM	6:45 PM	9:15 PM	11:46 PM
7	General	E-Waste Management: Block 1	english	1:14 AM	3:44 AM	6:15 AM	8:45 AM	11:16 AM	1:46 PM	4:16 PM	6:47 PM	9:17 PM	11:48 PM
8	Social Science (History)	Chapter-1, How, When and Where, Part-1	english	1:26 AM	3:56 AM	6:27 AM	8:57 AM	11:28 AM	1:58 PM	4:29 PM	6:59 PM	9:30 PM	N.A.
9	Social Science (History)	Chapter-1, How, When and Where, Part-2	english	1:45 AM	4:16 AM	6:46 AM	9:17 AM	11:47 AM	2:18 PM	4:48 PM	7:19 PM	9:49 PM	N.A.
10	Vocational Video	गृह सज्जा हेतु पौधे	english/hindi	2:06 AM	4:37 AM	7:07 AM	9:38 AM	12:08 PM	2:38 PM	5:09 PM	7:39 PM	10:10 PM	N.A.

सोमवार, 2 जनवरी 2023
Monday, 2 January 2023

1	Science	पाठ 1: फसल उत्पादन एवं प्रबंध	Hindi	12:00 AM	2:25 AM	4:50 AM	7:15 AM	9:41 AM	12:06 PM	2:31 PM	4:56 PM	7:22 PM	9:47 PM
2	Social Science (Geography)	पाठ 1: संसाधन	Hindi	12:33 AM	2:59 AM	5:24 AM	7:49 AM	10:15 AM	12:40 PM	3:05 PM	5:30 PM	7:56 PM	10:21 PM
3	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Dance Competition: Boys Odisha	Hindi/English	12:55 AM	3:21 AM	5:46 AM	8:11 AM	10:37 AM	1:02 PM	3:27 PM	5:52 PM	8:18 PM	10:43 PM
4	English Honeydew	Chapter-1 The Best Christmas Present in the World	English	1:02 AM	3:28 AM	5:53 AM	8:18 AM	10:43 AM	1:09 PM	3:34 PM	5:59 PM	8:25 PM	10:50 PM

5	General Awareness Programme	Personal Safety	English	1:18: AM	3:43: AM	6:09: AM	8:34: AM	10:59: AM	1:25: PM	3:50: PM	6:15: PM	8:40: PM	11:06: PM
6	Mathematics	Chapter-1, Rational Numbers	English	1:32: AM	3:58: AM	6:23: AM	8:48: AM	11:14: AM	1:39: PM	4:04: PM	6:29: PM	8:55: PM	11:20: PM
7	Vocational Video	Hand tools	Hindi English	2:04: AM	4:29: AM	6:54: AM	9:20: AM	11:45: AM	2:10: PM	4:36: PM	7:01: PM	9:26: PM	11:51: PM
8	Vocational Video	Preparing ORS at Home	Hindi English	2:19: AM	4:44: AM	7:10: AM	9:35: AM	12:00: PM	2:25: PM	4:51: PM	7:16: PM	9:41: PM	NA

मंगलवार, 3 जनवरी 2023
Tuesday, 3 January 2023

1	Mathematics	पाठ 1: परिमेय संख्याएँ	Hindi	12:00: AM	2:30: AM	5:00: AM	7:30: AM	10:00: AM	12:30: PM	3:00: PM	5:30: PM	8:00: PM	10:30: PM
2	Hindi	पाठ 1: गुड़िया	Hindi	12:37: AM	3:07: AM	5:38: AM	8:08: AM	10:38: AM	1:08: PM	3:38: PM	6:08: PM	8:38: PM	11:08: PM
3	Story Telling/ Value Education	स्वप्न भंग:	Hindi	12:55: AM	3:25: AM	5:55: AM	8:25: AM	10:55: AM	1:25: PM	3:55: PM	6:26: PM	8:56: PM	11:26: PM
4	Social Science (Geography)	Chapter-1, Resources	English	1:01: AM	3:31: AM	6:01: AM	8:31: AM	11:02: AM	1:32: PM	4:02: PM	6:32: PM	9:02: PM	11:32: PM
5	Creative Activities: Art/Craft	Folding Circle	English	1:26: AM	3:56: AM	6:26: AM	8:56: AM	11:26: AM	1:56: PM	4:27: PM	6:57: PM	9:27: PM	11:57: PM
6	Science	Chapter-1: Crop Production and Management	English	1:29: AM	3:59: AM	6:29: AM	8:59: AM	11:29: AM	1:59: PM	4:29: PM	6:59: PM	9:29: PM	NA
7	Science	Metal Around Us	English	1:54: AM	4:24: AM	6:54: AM	9:24: AM	11:54: AM	2:24: PM	4:54: PM	7:24: PM	9:55: PM	NA
8	Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	2:05: AM	4:35: AM	7:05: AM	9:35: AM	12:05: PM	2:35: PM	5:05: PM	7:35: PM	10:05: PM	NA

बुधवार, 4 जनवरी 2023
Wednesday, 4 January 2023

1	Science	पाठ 2: सूक्ष्मजीव: मित्र और शत्रु	Hindi	12:00: AM	2:50: AM	5:40: AM	8:30: AM	11:20: AM	2:10: PM	5:00: PM	7:50: PM	10:40: PM	NA
2	Sanskrit	पाठ 1: सुभाषितानि, भाग 1	Sanskrit Hindi	12:29: AM	3:19: AM	6:09: AM	8:59: AM	11:49: AM	2:39: PM	5:29: PM	8:19: PM	11:09: PM	NA
3	Social Science (History)	Chapter-2 From Trade to Territory: The Company Establishes Power	English	1:00: AM	3:50: AM	6:40: AM	9:30: AM	12:20: PM	3:10: PM	6:01: PM	8:51: PM	11:41: PM	NA
4	Hindi	दूर्वा पाठ 5: नाटक में नाटक	Hindi	1:23: AM	4:13: AM	7:03: AM	9:53: AM	12:43: PM	3:33: PM	6:23: PM	9:13: PM	NA	NA
5	Mathematics	Chapter-1, Rational Numbers, Part - 1	English	1:50: AM	4:40: AM	7:30: AM	10:20: AM	1:10: PM	4:00: PM	6:50: PM	9:40: PM	NA	NA
6	Vocational Video	गृह सज्जा हेतु पौधे	Hindi English	2:20: AM	5:10: AM	8:01: AM	10:51: AM	1:41: PM	4:31: PM	7:21: PM	10:11: PM	NA	NA

बुधस्पतिवार, 5 जनवरी 2023
Thursday, 5 January 2023

1	Mathematics	पाठ 2: एक चर वाले रैखिक समीकरण	Hindi	12:00: AM	2:30: AM	5:01: AM	7:31: AM	10:02: AM	12:33: PM	3:03: PM	5:34: PM	8:05: PM	10:35: PM
2	Social Science (History)	पाठ 1: कैसे, कब और कहाँ	Hindi	12:26: AM	2:57: AM	5:27: AM	7:58: AM	10:28: AM	12:59: PM	3:30: PM	6:00: PM	8:31: PM	11:02: PM
3	Story Telling/ Value Education	Story Telling: Meena - 9 I love School	Hindi	12:57: AM	3:27: AM	5:58: AM	8:29: AM	10:59: AM	1:30: PM	4:01: PM	6:31: PM	9:02: PM	11:32: PM
4	English Honeydew	Chapter-1, The Best Christmas Present in the World	English	1:11: AM	3:41: AM	6:12: AM	8:43: AM	11:13: AM	1:44: PM	4:15: PM	6:45: PM	9:16: PM	11:47: PM
5	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Odisha	HindiEnglish	1:23: AM	3:54: AM	6:24: AM	8:55: AM	11:26: AM	1:56: PM	4:27: PM	6:58: PM	9:28: PM	11:59: PM
6	Science	Chapter-1: Crop Production and Management	English	1:30: AM	4:01: AM	6:31: AM	9:02: AM	11:33: AM	2:03: PM	4:34: PM	7:05: PM	9:35: PM	NA
7	Vocational Video	Plumbing Tools	HindiEnglish	1:57: AM	4:28: AM	6:58: AM	9:29: AM	12:00: PM	2:30: PM	5:01: PM	7:32: PM	10:02: PM	NA
8	Vocational Video	Ten plants for home decoration	HindiEnglish	2:11: AM	4:42: AM	7:13: AM	9:43: AM	12:14: PM	2:45: PM	5:15: PM	7:46: PM	10:16: PM	NA

शुक्रवार, 6 जनवरी 2023
Friday, 6 January 2023

1	Science	पाठ 3: संश्लेषित रेशे और प्लास्टिक	Hindi	12:00: AM	2:29: AM	4:59: AM	7:29: AM	9:59: AM	12:29: PM	2:59: PM	5:29: PM	7:59: PM	10:29: PM
2	Hindi	पाठ 1: ध्वनि	Hindi	12:32: AM	3:02: AM	5:32: AM	8:02: AM	10:32: AM	1:02: PM	3:32: PM	6:02: PM	8:32: PM	11:02: PM
3	Story Telling/ Value Education	पुनर्मूषको भवः	Hindi	12:36: AM	3:06: AM	5:36: AM	8:06: AM	10:36: AM	1:06: PM	3:36: PM	6:06: PM	8:36: PM	11:06: PM
4	Social Science (Political Science)	Unit-1, Chapter-1, The Indian Constitution	English	12:44: AM	3:14: AM	5:44: AM	8:14: AM	10:44: AM	1:14: PM	3:44: PM	6:14: PM	8:44: PM	11:13: PM
5	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Odisha	HindiEnglish	1:17: AM	3:47: AM	6:17: AM	8:47: AM	11:17: AM	1:47: PM	4:17: PM	6:47: PM	9:17: PM	11:47: PM
6	Mathematics	Chapter-1, Rational Numbers, Part - 2	English	1:25: AM	3:55: AM	6:25: AM	8:54: AM	11:24: AM	1:54: PM	4:24: PM	6:54: PM	9:24: PM	11:54: PM
7	Vocational Video	Tool Box	HindiEnglish	1:55: AM	4:25: AM	6:55: AM	9:25: AM	11:55: AM	2:25: PM	4:55: PM	7:25: PM	9:55: PM	NA
8	Vocational Video	गृह सज्जा हेतु पौधे	HindiEnglish	2:00: AM	4:30: AM	7:00: AM	9:30: AM	12:00: PM	2:30: PM	5:00: PM	7:30: PM	10:00: PM	NA

शनिवार, 7 जनवरी 2023
Saturday, 7 January 2023

1	Mathematics	पाठ 3: चतुर्भुजों की समझना	Hindi	12:00: AM	2:30: AM	5:01: AM	7:31: AM	10:02: AM	12:32: PM	3:03: PM	5:33: PM	8:04: PM	10:34: PM
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2	Sanskrit	पाठ 1: सुभाषितानि, भाग 2	SanskritHindi	12:47: AM	3:18: AM	5:48: AM	8:19: AM	10:49: AM	1:20: PM	3:50: PM	6:21: PM	8:51: PM	11:22: PM
3	Story Telling/ Value Education	बुद्धि बलवति	Hindi	1:16: AM	3:47: AM	6:17: AM	8:48: AM	11:18: AM	1:49: PM	4:19: PM	6:50: PM	9:20: PM	11:51: PM
4	Social Science (Geography)	Chapter-1: Resources, Part-1	English	1:22: AM	3:53: AM	6:23: AM	8:54: AM	11:24: AM	1:55: PM	4:25: PM	6:56: PM	9:27: PM	11:57: PM
5	Cultural Heritage: Art, Music, Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Daman and Diu	HindiEnglish	1:33: AM	4:04: AM	6:34: AM	9:05: AM	11:35: AM	2:06: PM	4:36: PM	7:07: PM	9:37: PM	NA
6	Science	Chapter-2: Microorganisms: Friend or Foe, Part-1 (Harmful Microorganisms)	English	1:39: AM	4:09: AM	6:40: AM	9:10: AM	11:41: AM	2:11: PM	4:42: PM	7:12: PM	9:43: PM	NA
7	Vocational Video	वृक्षों की पहचान एवं महत्व	HindiEnglish	1:57: AM	4:28: AM	6:58: AM	9:29: AM	12:00: PM	2:30: PM	5:01: PM	7:31: PM	10:02: PM	NA
8	Vocational Video	Preparing First Aid kit at home	HindiEnglish	2:18: AM	4:48: AM	7:19: AM	9:49: AM	12:20: PM	2:50: PM	5:21: PM	7:51: PM	10:22: PM	NA

रविवार, 8 जनवरी 2023
Sunday, 8 January 2023

1	Physical Education	चक्रासन	Hindi	12:00: AM	2:29: AM	4:59: AM	7:29: AM	9:59: AM	12:29: PM	2:59: PM	5:28: PM	7:58: PM	10:28: PM
2	Social Science (Political Science)	पाठ 1: भारतीय संविधान	Hindi	12:20: AM	2:50: AM	5:20: AM	7:50: AM	10:20: AM	12:50: PM	3:19: PM	5:49: PM	8:19: PM	10:49: PM
3	Story Telling/ Value Education	संवयो हि दुर्जयः	Hindi	1:03: AM	3:32: AM	6:02: AM	8:32: AM	11:02: AM	1:32: PM	4:02: PM	6:31: PM	9:01: PM	11:31: PM
4	Science	Activity: Metals are good conductor of heat	HindiEnglish	1:11: AM	3:41: AM	6:10: AM	8:40: AM	11:10: AM	1:40: PM	4:10: PM	6:40: PM	9:09: PM	11:39: PM
5	Mathematics	Chapter-3, Understanding Quadrilaterals: Activity (Properties of Diagonals in different quadrilaterals)	English	1:12: AM	3:42: AM	6:11: AM	8:41: AM	11:11: AM	1:41: PM	4:11: PM	6:41: PM	9:10: PM	11:40: PM
6	General Awareness Programme	मेरी माँ के लिए एक उपहार (A gift for my mother (A line of symmetry))	Hindi	1:23: AM	3:53: AM	6:23: AM	8:52: AM	11:22: AM	1:52: PM	4:22: PM	6:52: PM	9:22: PM	11:51: PM
7	Social Science (History)	Chapter-2, From Trade to Territory, Part-1 (Advent of British East India Company)	English	1:44: AM	4:14: AM	6:44: AM	9:14: AM	11:44: AM	2:14: PM	4:43: PM	7:13: PM	9:43: PM	NA
8	Social Science (History)	Chapter-2, From Trade to Territory, Part-2 (From trade to battle)	English	1:55: AM	4:25: AM	6:55: AM	9:25: AM	11:55: AM	2:24: PM	4:54: PM	7:24: PM	9:54: PM	NA
9	Vocational Video	Preparing First Aid kit at home	HindiEnglish	2:06: AM	4:36: AM	7:06: AM	9:36: AM	12:06: PM	2:36: PM	5:05: PM	7:35: PM	10:05: PM	NA
10	Vocational Video	Identification of trees	HindiEnglish	2:14: AM	4:43: AM	7:13: AM	9:43: AM	12:13: PM	2:43: PM	5:13: PM	7:42: PM	10:12: PM	NA

सोमवार, 9 जनवरी 2023
Monday, 9 January 2023

1	Science	पाठ-4, पदार्थ : धातु और अधातु	Hindi	12:00: AM	2:29: AM	4:59: AM	7:29: AM	9:59: AM	12:29: PM	2:59: PM	5:29: PM	7:59: PM	10:29: PM
2	Social Science (Geography)	पाठ 1: संसाधन	Hindi	12:36: AM	3:06: AM	5:36: AM	8:06: AM	10:36: AM	1:06: PM	3:36: PM	6:06: PM	8:36: PM	11:05: PM
3	English Honeydew	Chapter-1, The Best Christmas Present in the World, Part-1	English	12:59: AM	3:29: AM	5:59: AM	8:29: AM	10:59: AM	1:29: PM	3:59: PM	6:29: PM	8:59: PM	11:29: PM
4	General Awareness Programme	Personal Safety	English	1:29: AM	3:59: AM	6:29: AM	8:59: AM	11:29: AM	1:58: PM	4:28: PM	6:58: PM	9:28: PM	11:58: PM
5	Mathematics	Chapter-1, Rational Numbers, Part - 3	English	1:43: AM	4:13: AM	6:43: AM	9:13: AM	11:43: AM	2:13: PM	4:43: PM	7:13: PM	9:43: PM	NA
6	Vocational Video	Ten plants for home decoration	HindiEnglish	2:11: AM	4:41: AM	7:10: AM	9:40: AM	12:10: PM	2:40: PM	5:10: PM	7:40: PM	10:10: PM	NA

मंगलवार, 10 जनवरी 2023
Tuesday, 10 January 2023

1	Mathematics	पाठ 4: प्रायोगिक ज्यामिति	Hindi	12:00: AM	2:30: AM	5:00: AM	7:31: AM	10:01: AM	12:32: PM	3:02: PM	5:32: PM	8:03: PM	10:33: PM
2	Hindi	पाठ 1: ध्वनि	Hindi	12:33: AM	3:04: AM	5:34: AM	8:05: AM	10:35: AM	1:05: PM	3:36: PM	6:06: PM	8:37: PM	11:07: PM
3	Story Telling/ Value Education	बबलू की नाव	Hindi	12:43: AM	3:13: AM	5:44: AM	8:14: AM	10:44: AM	1:15: PM	3:45: PM	6:16: PM	8:46: PM	11:16: PM
4	Social Science (Geography)	Chapter-1: Resources, Part- 2 (Types of Resources)	English	1:04: AM	3:34: AM	6:05: AM	8:35: AM	11:06: AM	1:36: PM	4:06: PM	6:37: PM	9:07: PM	11:38: PM
5	Creative Activities: Art/Craft	Paper Orchid	English	1:23: AM	3:53: AM	6:24: AM	8:54: AM	11:24: AM	1:55: PM	4:25: PM	6:56: PM	9:26: PM	11:56: PM
6	Creative Activities: Art/Craft	Paper Skeleton	English	1:26: AM	3:57: AM	6:27: AM	8:58: AM	11:28: AM	1:58: PM	4:29: PM	6:59: PM	9:30: PM	NA
7	Science	Chapter-2: Microorganisms: Friend or Foe, Part-2 (Medicinal Use of Microorganisms)	English	1:30: AM	4:01: AM	6:31: AM	9:01: AM	11:32: AM	2:02: PM	4:33: PM	7:03: PM	9:33: PM	NA
8	Science	Activity 4- Combustion and Flame	English	1:53: AM	4:24: AM	6:54: AM	9:24: AM	11:55: AM	2:25: PM	4:56: PM	7:26: PM	9:56: PM	NA
9	Vocational Video	वृक्षों की पहचान एवं महत्व	HindiEnglish	1:59: AM	4:29: AM	6:59: AM	9:30: AM	12:00: PM	2:31: PM	5:01: PM	7:31: PM	10:02: PM	NA
10	Vocational Video	Preparing ORS at Home	HindiEnglish	2:19: AM	4:49: AM	7:20: AM	9:50: AM	12:20: PM	2:51: PM	5:21: PM	7:52: PM	10:22: PM	NA

बुधवार, 11 जनवरी 2023
Wednesday, 11 January 2023

1	Science	पाठ-4, धातु हमारे आस पास	Hindi	12:00: AM	2:30: AM	5:00: AM	7:30: AM	10:00: AM	12:31: PM	3:01: PM	5:31: PM	8:01: PM	10:32: PM
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2	Sanskrit	पाठ 1: सुभाषितानि, भाग 3	Sanskrit/Hindi	12:19: AM	2:49: AM	5:19: AM	7:49: AM	10:20: AM	12:50: PM	3:20: PM	5:50: PM	8:21: PM	10:51: PM
3	General	Health and Sanitisation	Hindi	12:44: AM	3:14: AM	5:44: AM	8:14: AM	10:45: AM	1:15: PM	3:45: PM	6:15: PM	8:46: PM	11:16: PM
4	Social Science (History)	Chapter-2, From Trade to Territory, Part-3 (Battle of Plassy)	English	12:50: AM	3:21: AM	5:51: AM	8:21: AM	10:51: AM	1:22: PM	3:52: PM	6:22: PM	8:52: PM	11:22: PM
5	Social Science (History)	Chapter-2, From Trade to Territory, Part-4 (Expansion of Company rule Anglo Mysore war)	English	1:03: AM	3:33: AM	6:03: AM	8:34: AM	11:04: AM	1:34: PM	4:04: PM	6:35: PM	9:05: PM	11:35: PM
6	Mathematics	Chapter-1, Rational Numbers, Part - 3	English	1:13: AM	3:44: AM	6:14: AM	8:44: AM	11:14: AM	1:45: PM	4:15: PM	6:45: PM	9:15: PM	11:45: PM
7	Mathematics	Chapter-1, Rational Numbers, Part - 4	English	1:40: AM	4:11: AM	6:41: AM	9:11: AM	11:41: AM	2:11: PM	4:42: PM	7:12: PM	9:42: PM	NA
8	Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	2:05: AM	4:35: AM	7:05: AM	9:35: AM	12:06: PM	2:36: PM	5:06: PM	7:36: PM	10:07: PM	NA

बृहस्पतिवार, 12 जनवरी 2023
Thursday, 12 January 2023

1	Mathematics	पाठ 5: आँकड़ों का प्रबंधन	Hindi	12:00: AM	2:29: AM	4:58: AM	7:28: AM	9:57: AM	12:27: PM	2:56: PM	5:25: PM	7:55: PM	10:24: PM
2	Social Science (History)	पाठ 2: व्यापार से साम्राज्य तक कंपनी की सत्ता स्थापित होती है	Hindi	12:34: AM	3:03: AM	5:33: AM	8:02: AM	10:32: AM	1:01: PM	3:30: PM	6:00: PM	8:29: PM	10:59: PM
3	General Awareness Programme	रौशनी और रंग	Hindi	12:58: AM	3:28: AM	5:57: AM	8:27: AM	10:56: AM	1:25: PM	3:55: PM	6:24: PM	8:54: PM	11:23: PM
4	English Honeydew	Chapter-1, The Best Christmas Present in the World, Part-2	English	1:14: AM	3:44: AM	6:13: AM	8:43: AM	11:12: AM	1:41: PM	4:11: PM	6:40: PM	9:10: PM	11:39: PM
5	Story Telling/ Value Education	गुलज़ार बच्चों के साथ	Hindi	1:43: AM	4:13: AM	6:42: AM	9:11: AM	11:41: AM	2:10: PM	4:40: PM	7:09: PM	9:38: PM	NA
6	Science	Chapter-3 Synthetic Fibres and Plastics	English	1:56: AM	4:25: AM	6:55: AM	9:24: AM	11:53: AM	2:23: PM	4:52: PM	7:22: PM	9:51: PM	NA
7	Vocational Video	Hand tools	Hindi/English	2:08: AM	4:38: AM	7:07: AM	9:37: AM	12:06: PM	2:36: PM	5:05: PM	7:34: PM	10:04: PM	NA

शुक्रवार, 13 जनवरी 2023
Friday, 13 January 2023

1	Science	पाठ 5: कोयला और पेट्रोलियम	Hindi	12:00: AM	2:30: AM	5:00: AM	7:30: AM	10:00: AM	12:30: PM	3:00: PM	5:30: PM	8:00: PM	10:30: PM
2	Hindi	पाठ 1: ध्वनि	Hindi	12:28: AM	2:58: AM	5:28: AM	7:58: AM	10:28: AM	12:58: PM	3:28: PM	5:58: PM	8:28: PM	10:58: PM
3	Story Telling/ Value Education	एक अनेक और एकता	Hindi	12:57: AM	3:27: AM	5:57: AM	8:27: AM	10:57: AM	1:27: PM	3:57: PM	6:27: PM	8:57: PM	11:27: PM

4	General	Emotional Well-Being and Mental Health	Hindi	1:04: AM	3:34: AM	6:04: AM	8:34: AM	11:04: AM	1:34: PM	4:04: PM	6:34: PM	9:04: PM	11:34: PM
5	Social Science (Political Science)	Unit-1, Chapter-1, The Indian Constitution, Part-1	English	1:09: AM	3:39: AM	6:09: AM	8:39: AM	11:09: AM	1:39: PM	4:09: PM	6:39: PM	9:09: PM	11:39: PM
6	Mathematics	Chapter-1, Rational Numbers, Part - 5	English	1:40: AM	4:10: AM	6:40: AM	9:10: AM	11:40: AM	2:10: PM	4:40: PM	7:10: PM	9:40: PM	NA
7	Vocational Video	Changing tap washer	HindiEnglish	2:03: AM	4:33: AM	7:03: AM	9:33: AM	12:03: PM	2:33: PM	5:03: PM	7:33: PM	10:03: PM	NA
8	Vocational Video	Plumbing Tools	HindiEnglish	2:10: AM	4:40: AM	7:10: AM	9:40: AM	12:10: PM	2:40: PM	5:10: PM	7:40: PM	10:10: PM	NA

शनिवार, 14 जनवरी 2023
Saturday, 14 January 2023

1	Mathematics	पाठ 6: वर्ग और वर्गमूल	Hindi	12:00: AM	2:29: AM	4:59: AM	7:29: AM	9:59: AM	12:29: PM	2:59: PM	5:29: PM	7:59: PM	10:29: PM
2	Sanskrit	पाठ 2: विलस्य वाणी न कदापि मे श्रुता	SanskritHindi	12:28: AM	2:58: AM	5:28: AM	7:58: AM	10:28: AM	12:58: PM	3:28: PM	5:58: PM	8:28: PM	10:58: PM
3	General Awareness Programme	रौशनी और रंग	Hindi	12:54: AM	3:24: AM	5:54: AM	8:24: AM	10:54: AM	1:24: PM	3:54: PM	6:23: PM	8:53: PM	11:23: PM
4	Social Science (Geography)	Chapter-1: Resources, Part-3 (Conservation of Resources)	English	1:10: AM	3:40: AM	6:10: AM	8:40: AM	11:10: AM	1:39: PM	4:09: PM	6:39: PM	9:09: PM	11:39: PM
5	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Dance Competition: Boys Chandigarh	HindiEnglish	1:19: AM	3:49: AM	6:19: AM	8:49: AM	11:19: AM	1:49: PM	4:19: PM	6:49: PM	9:19: PM	11:49: PM
6	Science	Chapter-3 Synthetic Fibres and Plastics	English	1:25: AM	3:55: AM	6:25: AM	8:55: AM	11:25: AM	1:55: PM	4:25: PM	6:55: PM	9:25: PM	11:55: PM
7	Science	Activity 2- Combustion and Flame	English	1:50: AM	4:20: AM	6:50: AM	9:20: AM	11:50: AM	2:20: PM	4:50: PM	7:19: PM	9:49: PM	NA
8	Science	Activity: Metals are good conductor of heat	HindiEnglish	1:53: AM	4:23: AM	6:52: AM	9:22: AM	11:52: AM	2:22: PM	4:52: PM	7:22: PM	9:52: PM	NA
9	Vocational Video	गमले में पौधा लगाने की विधि	HindiEnglish	1:54: AM	4:24: AM	6:54: AM	9:24: AM	11:54: AM	2:23: PM	4:53: PM	7:23: PM	9:53: PM	NA
10	Vocational Video	Identification of trees	HindiEnglish	2:14: AM	4:44: AM	7:14: AM	9:44: AM	12:14: PM	2:44: PM	5:14: PM	7:44: PM	10:14: PM	NA

रविवार, 15 जनवरी 2023
Sunday, 15 January 2023

1	Physical Education	चक्रासन	Hindi	12:00: AM	2:30: AM	5:01: AM	7:32: AM	10:02: AM	12:33: PM	3:04: PM	5:34: PM	8:05: PM	10:36: PM
2	Social Science (Political Science)	पाठ 2: धर्मनिरपेक्षता की समझ	Hindi	12:20: AM	2:50: AM	5:21: AM	7:52: AM	10:22: AM	12:53: PM	3:24: PM	5:54: PM	8:25: PM	10:56: PM
3	Story Telling/ Value Education	Story Telling: Meena - 8 Meena's three wishes	Hindi	12:40: AM	3:11: AM	5:41: AM	8:12: AM	10:43: AM	1:13: PM	3:44: PM	6:15: PM	8:45: PM	11:16: PM

4	Mathematics	Maths Activity: To verify Pythagoras Theorem	English	12:58: AM	3:29: AM	6:00: AM	8:30: AM	11:01: AM	1:32: PM	4:02: PM	6:33: PM	9:04: PM	11:34: PM
5	Mathematics	Maths Activity: String	English	1:03: AM	3:33: AM	6:04: AM	8:35: AM	11:05: AM	1:36: PM	4:07: PM	6:37: PM	9:08: PM	11:39: PM
6	General	आओ सैर करें - कन्याकुमारी	Hindi	1:16: AM	3:46: AM	6:17: AM	8:48: AM	11:18: AM	1:49: PM	4:20: PM	6:50: PM	9:21: PM	11:52: PM
7	General	Health and Sanitisation	Hindi	1:22: AM	3:52: AM	6:23: AM	8:54: AM	11:24: AM	1:55: PM	4:26: PM	6:56: PM	9:27: PM	11:58: PM
8	General	Growing up Healthy	English	1:28: AM	3:59: AM	6:30: AM	9:00: AM	11:31: AM	2:02: PM	4:32: PM	7:03: PM	9:34: PM	NA
9	Social Science (History)	Chapter-2, From Trade to Territory, Part-5 (Expansion of Company rule Anglo Maratha war)	English	1:32: AM	4:03: AM	6:34: AM	9:04: AM	11:35: AM	2:06: PM	4:36: PM	7:07: PM	9:38: PM	NA
10	Vocational Video	Ten plants for home decoration	HindiEnglish	1:47: AM	4:18: AM	6:49: AM	9:19: AM	11:50: AM	2:21: PM	4:51: PM	7:22: PM	9:53: PM	NA
11	Vocational Video	गृह सज्जा हेतु पौधे	HindiEnglish	2:01: AM	4:32: AM	7:02: AM	9:33: AM	12:04: PM	2:34: PM	5:05: PM	7:36: PM	10:06: PM	NA

सोमवार, 16 जनवरी 2023
Monday, 16 January 2023

1	Social Science (Geography)	पाठ 2: भूमि; मृदा; जल; प्राकृतिक वनस्पति और वन्य जीवन संसाधन	Hindi	12:00: AM	2:29: AM	4:58: AM	7:28: AM	9:57: AM	12:27: PM	2:56: PM	5:26: PM	7:55: PM	10:25: PM
2	Social Science (Geography)	पाठ 6: मानव संसाधन	Hindi	12:36: AM	3:05: AM	5:35: AM	8:04: AM	10:34: AM	1:03: PM	3:33: PM	6:02: PM	8:32: PM	11:01: PM
3	Cultural Heritage: Art, Music, Dance	Kala Utsav – 2019 Dance Competition: Boys Daman and Diu	HindiEnglish	1:01: AM	3:31: AM	6:00: AM	8:29: AM	10:59: AM	1:28: PM	3:58: PM	6:27: PM	8:57: PM	11:26: PM
4	English Honeydew	Chapter-1, The Best Christmas Present in the World- Activity	English	1:08: AM	3:37: AM	6:07: AM	8:36: AM	11:05: AM	1:35: PM	4:04: PM	6:34: PM	9:03: PM	11:33: PM
5	Science	Activity: Metals are good conductor of heat	HindiEnglish	1:32: AM	4:01: AM	6:31: AM	9:00: AM	11:30: AM	1:59: PM	4:29: PM	6:58: PM	9:28: PM	11:57: PM
6	Mathematics	Chapter-2, Linear Equations in One Variable	English	1:33: AM	4:02: AM	6:32: AM	9:01: AM	11:31: AM	2:00: PM	4:30: PM	6:59: PM	9:29: PM	11:58: PM
7	Vocational Video	गृह सज्जा हेतु पौधे	HindiEnglish	2:00: AM	4:29: AM	6:59: AM	9:28: AM	11:58: AM	2:27: PM	4:57: PM	7:26: PM	9:56: PM	NA

मंगलवार, 17 जनवरी 2023
Tuesday, 17 January 2023

1	Mathematics	पाठ 1: परिमेय संख्याएँ	Hindi	12:00: AM	2:30: AM	5:01: AM	7:31: AM	10:02: AM	12:32: PM	3:03: PM	5:33: PM	8:04: PM	10:34: PM
2	Hindi	पाठ 2: लाख की चूड़ियाँ	Hindi	12:37: AM	3:07: AM	5:38: AM	8:08: AM	10:39: AM	1:09: PM	3:40: PM	6:10: PM	8:41: PM	11:11: PM

3	Story Telling/ Value Education	लोभ: नाशाय	Hindi	12:47: AM	3:18: AM	5:48: AM	8:19: AM	10:49: AM	1:20: PM	3:50: PM	6:21: PM	8:51: PM	11:22: PM
4	Social Science (Geography)	Chapter-2: Land, Soil, Water, Natural Vegetation and Wildlife Resources	English	12:52: AM	3:23: AM	5:53: AM	8:24: AM	10:54: AM	1:25: PM	3:55: PM	6:26: PM	8:56: PM	11:27: PM
5	Science	Chapter-4, Materials: Metals and Non-Metals, Part-1	English	1:19: AM	3:50: AM	6:20: AM	8:51: AM	11:21: AM	1:52: PM	4:22: PM	6:53: PM	9:23: PM	11:54: PM
6	Science	Chapter-4 Materials: Metals and Non-Metals, Part-2	English	1:44: AM	4:14: AM	6:45: AM	9:16: AM	11:46: AM	2:17: PM	4:47: PM	7:18: PM	9:48: PM	NA
7	Vocational Video	Ten plants for home decoration	Hindi English	2:11: AM	4:42: AM	7:12: AM	9:43: AM	12:13: PM	2:44: PM	5:14: PM	7:45: PM	10:15: PM	NA

बुधवार, 18 जनवरी 2023
Wednesday, 18 January 2023

1	Science	पाठ 2: सूक्ष्मजीव: मित्र और शत्रु	Hindi	12:00: AM	2:30: AM	5:01: AM	7:31: AM	10:02: AM	12:32: PM	3:03: PM	5:34: PM	8:04: PM	10:35: PM
2	Sanskrit	पाठ 3: डिजीभारतम्	Sanskrit Hindi	12:28: AM	2:59: AM	5:29: AM	8:00: AM	10:31: AM	1:01: PM	3:32: PM	6:02: PM	8:33: PM	11:03: PM
3	Social Science (History)	Chapter-3, Ruling the Countryside	English	12:55: AM	3:25: AM	5:56: AM	8:27: AM	10:57: AM	1:28: PM	3:58: PM	6:29: PM	8:59: PM	11:30: PM
4	Cultural Heritage: Art, Music, Dance	Kala Utsav – 2019 Dance Competition: Boys Odisha	Hindi English	1:23: AM	3:54: AM	6:24: AM	8:55: AM	11:26: AM	1:56: PM	4:27: PM	6:57: PM	9:28: PM	11:58: PM
5	Mathematics	Chapter-2, Linear Equations in One Variable	English	1:30: AM	4:01: AM	6:31: AM	9:02: AM	11:32: AM	2:03: PM	4:34: PM	7:04: PM	9:35: PM	NA
6	Creative Activities: Art/Craft	Mango Leaf Purse	English	1:51: AM	4:22: AM	6:52: AM	9:23: AM	11:53: AM	2:24: PM	4:54: PM	7:25: PM	9:56: PM	NA
7	Vocational Video	Preparing First Aid kit at home	Hindi English	1:53: AM	4:24: AM	6:54: AM	9:25: AM	11:56: AM	2:26: PM	4:57: PM	7:27: PM	9:58: PM	NA
8	Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	2:00: AM	4:31: AM	7:02: AM	9:32: AM	12:03: PM	2:33: PM	5:04: PM	7:34: PM	10:05: PM	NA

बृहस्पतिवार, 19 जनवरी 2023
Thursday, 19 January 2023

1	Mathematics	पाठ 2: एक चर वाले रैखिक समीकरण	Hindi	12:00: AM	2:29: AM	4:59: AM	7:29: AM	9:59: AM	12:29: PM	2:59: PM	5:29: PM	7:59: PM	10:29: PM
2	Social Science (History)	पाठ 3: ग्रामीण क्षेत्र पर शासन चलाना, भाग-1	Hindi	12:26: AM	2:56: AM	5:26: AM	7:56: AM	10:26: AM	12:55: PM	3:25: PM	5:55: PM	8:25: PM	10:55: PM
3	Social Science (History)	पाठ 3: ग्रामीण क्षेत्र पर शासन चलाना, भाग-2	Hindi	12:49: AM	3:18: AM	5:48: AM	8:18: AM	10:48: AM	1:18: PM	3:48: PM	6:18: PM	8:48: PM	11:18: PM
4	Creative Activities: Art/Craft	सुन्दर फूलों की कहानी – Book of Flowers	Hindi	1:11: AM	3:40: AM	6:10: AM	8:40: AM	11:10: AM	1:40: PM	4:10: PM	6:40: PM	9:10: PM	11:40: PM
5	English Honeydew	Chapter-2 The Tsunami	English	1:25: AM	3:55: AM	6:25: AM	8:55: AM	11:25: AM	1:55: PM	4:25: PM	6:55: PM	9:25: PM	11:55: PM

6	Cultural Heritage: Art, Music, Dance	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Gujarat	Hindi English	1:49: AM	4:19: AM	6:49: AM	9:19: AM	11:49: AM	2:19: PM	4:49: PM	7:19: PM	9:49: PM	NA
7	Science	Chapter-4 Materials: Metals and Non-Metals, Part-3	English	1:55: AM	4:25: AM	6:55: AM	9:25: AM	11:55: AM	2:25: PM	4:55: PM	7:24: PM	9:54: PM	NA
8	Vocational Video	Preparing First Aid kit at home	Hindi English	2:17: AM	4:47: AM	7:17: AM	9:47: AM	12:17: PM	2:47: PM	5:16: PM	7:46: PM	10:16: PM	NA

शुक्रवार, 20 जनवरी 2023
Friday, 20 January 2023

1	Science	पाठ 3: संश्लेषित रेशे और प्लास्टिक	Hindi	12:00: AM	2:30: AM	5:00: AM	7:31: AM	10:01: AM	12:32: PM	3:02: PM	5:33: PM	8:03: PM	10:34: PM
2	Hindi	पाठ 2: लाख की चूड़ियाँ	Hindi	12:30: AM	3:01: AM	5:31: AM	8:02: AM	10:32: AM	1:03: PM	3:33: PM	6:04: PM	8:34: PM	11:05: PM
3	Story Telling/ Value Education	Story Telling: Meena – 5	Hindi	12:58: AM	3:28: AM	5:59: AM	8:29: AM	11:00: AM	1:30: PM	4:01: PM	6:31: PM	9:02: PM	11:32: PM
4	Creative Activities: Art/Craft	Mango Leaf Purse	English	1:10: AM	3:41: AM	6:11: AM	8:42: AM	11:12: AM	1:42: PM	4:13: PM	6:43: PM	9:14: PM	11:44: PM
5	Social Science (Political Science)	Unit-1, Chapter-1, The Indian Constitution, Part-2	English	1:12: AM	3:43: AM	6:13: AM	8:44: AM	11:14: AM	1:45: PM	4:15: PM	6:46: PM	9:16: PM	11:47: PM
6	Mathematics	Chapter 3- Understanding Quadrilaterals, Part-1	English	1:51: AM	4:22: AM	6:52: AM	9:23: AM	11:53: AM	2:24: PM	4:54: PM	7:25: PM	9:55: PM	NA
7	Vocational Video	Hand tools	Hindi English	2:09: AM	4:40: AM	7:10: AM	9:41: AM	12:11: PM	2:42: PM	5:12: PM	7:43: PM	10:13: PM	NA

शनिवार, 21 जनवरी 2023
Saturday, 21 January 2023

1	Mathematics	पाठ 3: चतुर्भुजों को समझना	Hindi	12:00: AM	2:29: AM	4:59: AM	7:29: AM	9:59: AM	12:29: PM	2:59: PM	5:29: PM	7:59: PM	10:29: PM
2	Sanskrit	पाठ 4: सदैव पुरतो निधेहि चरणम्	Sanskrit Hindi	12:47: AM	3:17: AM	5:47: AM	8:17: AM	10:47: AM	1:17: PM	3:47: PM	6:17: PM	8:47: PM	11:17: PM
3	General Awareness Programme	भोजन यात्रा- ग्रास से निकास तक	Hindi	1:15: AM	3:45: AM	6:15: AM	8:45: AM	11:15: AM	1:45: PM	4:15: PM	6:45: PM	9:15: PM	11:45: PM
4	Social Science (Geography)	Chapter-2: Land, Soil, Water, Natural Vegetation and Wildlife Resources, Part - 1	English	1:27: AM	3:57: AM	6:27: AM	8:57: AM	11:27: AM	1:57: PM	4:27: PM	6:57: PM	9:27: PM	11:57: PM
5	Science	Chapter-4 Materials: Metals and Non-Metals, Part-4	English	1:45: AM	4:15: AM	6:45: AM	9:15: AM	11:45: AM	2:15: PM	4:45: PM	7:15: PM	9:45: PM	NA
6	Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	2:04: AM	4:34: AM	7:04: AM	9:34: AM	12:04: PM	2:34: PM	5:04: PM	7:34: PM	10:04: PM	NA

रविवार, 22 जनवरी 2023
Sunday, 22 January 2023

1	Physical Education	चक्रासन	Hindi	12:00: AM	2:30: AM	5:00: AM	7:30: AM	10:00: AM	12:30: PM	3:00: PM	5:30: PM	8:00: PM	10:30: PM
2	Social Science (Political Science)	पाठ 2: धर्मनिरपेक्षता की समझ	Hindi	12:20: AM	2:50: AM	5:20: AM	7:50: AM	10:20: AM	12:50: PM	3:20: PM	5:50: PM	8:20: PM	10:50: PM
3	Science	Activity 3- Combustion and Flame	English	12:47: AM	3:17: AM	5:47: AM	8:17: AM	10:47: AM	1:17: PM	3:47: PM	6:17: PM	8:47: PM	11:17: PM
4	Science	Activity 1- Combustion and Flame	English	12:51: AM	3:21: AM	5:51: AM	8:21: AM	10:51: AM	1:21: PM	3:51: PM	6:21: PM	8:51: PM	11:21: PM
5	Mathematics	Maths Activity: Solid Shapes	English	12:57: AM	3:27: AM	5:57: AM	8:27: AM	10:57: AM	1:27: PM	3:57: PM	6:27: PM	8:57: PM	11:27: PM
6	Mathematics	Maths Activity: Tensegrity Structures	English	1:12: AM	3:42: AM	6:12: AM	8:42: AM	11:12: AM	1:42: PM	4:12: PM	6:42: PM	9:12: PM	11:42: PM
7	Story Telling/ Value Education	Story Telling: Meena - 7 Say not to dowry	Hindi	1:14: AM	3:44: AM	6:14: AM	8:44: AM	11:14: AM	1:44: PM	4:14: PM	6:44: PM	9:14: PM	11:44: PM
8	Social Science (History)	Chapter-3, Ruling the Countryside, Part-1	English	1:27: AM	3:57: AM	6:27: AM	8:57: AM	11:27: AM	1:57: PM	4:27: PM	6:57: PM	9:27: PM	11:57: PM
9	Social Science (History)	Chapter-3, Ruling the Countryside, Part-2	English	1:44: AM	4:14: AM	6:44: AM	9:14: AM	11:44: AM	2:14: PM	4:44: PM	7:14: PM	9:44: PM	NA
10	Vocational Video	Ten plants for home decoration	HindiEnglish	2:04: AM	4:34: AM	7:04: AM	9:34: AM	12:04: PM	2:34: PM	5:04: PM	7:34: PM	10:04: PM	NA
11	Vocational Video	Changing tap washer	HindiEnglish	2:17: AM	4:47: AM	7:17: AM	9:47: AM	12:17: PM	2:47: PM	5:17: PM	7:47: PM	10:17: PM	NA

सोमवार, 23 जनवरी 2023
Monday, 23 January 2023

1	Science	पाठ-4, पदार्थ : धातु और अधातु	Hindi	12:00: AM	2:30: AM	5:01: AM	7:31: AM	10:02: AM	12:32: PM	3:03: PM	5:33: PM	8:04: PM	10:34: PM
2	Social Science (Geography)	पाठ 1: संसाधन	Hindi	12:36: AM	3:07: AM	5:37: AM	8:08: AM	10:38: AM	1:09: PM	3:39: PM	6:10: PM	8:40: PM	11:11: PM
3	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Nagaland	HindiEnglish	12:58: AM	3:29: AM	5:59: AM	8:30: AM	11:00: AM	1:31: PM	4:01: PM	6:32: PM	9:02: PM	11:33: PM
4	English Honeydew	Chapter-2 The Tsunami	English	1:02: AM	3:32: AM	6:03: AM	8:33: AM	11:04: AM	1:34: PM	4:05: PM	6:35: PM	9:06: PM	11:36: PM
5	Creative Activities: Art/Craft	Paper Kaleidoscope	English	1:28: AM	3:59: AM	6:29: AM	9:00: AM	11:30: AM	2:01: PM	4:31: PM	7:02: PM	9:32: PM	NA
6	Mathematics	Chapter 3- Understanding Quadrilaterals, Part-2	English	1:31: AM	4:02: AM	6:32: AM	9:03: AM	11:33: AM	2:04: PM	4:34: PM	7:05: PM	9:35: PM	NA
7	Vocational Video	वृक्षों की पहचान एवं महत्व	HindiEnglish	1:54: AM	4:25: AM	6:55: AM	9:26: AM	11:56: AM	2:27: PM	4:57: PM	7:28: PM	9:58: PM	NA
8	Vocational Video	Identification of trees	HindiEnglish	2:14: AM	4:45: AM	7:15: AM	9:46: AM	12:16: PM	2:47: PM	5:17: PM	7:48: PM	10:18: PM	NA

मंगलवार, 24 जनवरी 2023
Tuesday, 24 January 2023

1	Mathematics	पाठ 4: प्रायोगिक ज्यामिति	Hindi	12:00: AM	2:30: AM	5:01: AM	7:32: AM	10:02: AM	12:33: PM	3:04: PM	5:35: PM	8:05: PM	10:36: PM
2	Hindi	पाठ 3: चिट्ठियों में यूरोप	Hindi	12:33: AM	3:04: AM	5:34: AM	8:05: AM	10:36: AM	1:06: PM	3:37: PM	6:08: PM	8:39: PM	11:09: PM
3	Story Telling/ Value Education	Story Telling: Meena - 1 Count your Chicken	Hindi	12:57: AM	3:27: AM	5:58: AM	8:29: AM	10:59: AM	1:30: PM	4:01: PM	6:32: PM	9:02: PM	11:33: PM
4	Social Science (Geography)	Chapter-2: Land, Soil, Water, Natural Vegetation and Wildlife Resources, Part - 2	English	1:10: AM	3:41: AM	6:12: AM	8:42: AM	11:13: AM	1:44: PM	4:15: PM	6:45: PM	9:16: PM	11:47: PM
5	Creative Activities: Art/Craft	Pencil Drawdio	English	1:28: AM	3:59: AM	6:29: AM	9:00: AM	11:31: AM	2:02: PM	4:32: PM	7:03: PM	9:34: PM	NA
6	Science	Chapter-4, Materials: Metals and Non-Metals	English	1:32: AM	4:03: AM	6:33: AM	9:04: AM	11:35: AM	2:05: PM	4:36: PM	7:07: PM	9:38: PM	NA
7	Vocational Video	वृक्षों की पहचान एवं महत्व	HindiEnglish	2:05: AM	4:35: AM	7:06: AM	9:37: AM	12:08: PM	2:38: PM	5:09: PM	7:40: PM	10:10: PM	NA

बुधवार, 25 जनवरी 2023
Wednesday, 25 January 2023

1	Science	पाठ-4, धातु हमारे आस पास	Hindi	12:00: AM	2:28: AM	4:57: AM	7:26: AM	9:55: AM	12:24: PM	2:53: PM	5:22: PM	7:50: PM	10:19: PM
2	Sanskrit	पाठ 5: कण्टकेनैव कण्टकम्	Sanskrit	12:19: AM	2:48: AM	5:17: AM	7:46: AM	10:15: AM	12:44: PM	3:13: PM	5:41: PM	8:10: PM	10:39: PM
3	Creative Activities: Art/Craft	सुन्दर फूलों की कहानी - Book of Flowers	Hindi	12:44: AM	3:12: AM	5:41: AM	8:10: AM	10:39: AM	1:08: PM	3:37: PM	6:06: PM	8:34: PM	11:03: PM
4	Creative Activities: Art/Craft	Loops to Square	English	12:58: AM	3:27: AM	5:56: AM	8:25: AM	10:54: AM	1:23: PM	3:51: PM	6:20: PM	8:49: PM	11:18: PM
5	Creative Activities: Art/Craft	30 Unit Ball	English	1:01: AM	3:29: AM	5:58: AM	8:27: AM	10:56: AM	1:25: PM	3:54: PM	6:23: PM	8:51: PM	11:20: PM
6	Creative Activities: Art/Craft	3D Buddha Paper Sculptor	English	1:03: AM	3:32: AM	6:01: AM	8:30: AM	10:59: AM	1:28: PM	3:56: PM	6:25: PM	8:54: PM	11:23: PM
7	Creative Activities: Art/Craft	Curlicue Origami	English	1:06: AM	3:35: AM	6:04: AM	8:33: AM	11:02: AM	1:31: PM	4:00: PM	6:28: PM	8:57: PM	11:26: PM
8	Creative Activities: Art/Craft	Dancing Eyes	English	1:10: AM	3:39: AM	6:07: AM	8:36: AM	11:05: AM	1:34: PM	4:03: PM	6:32: PM	9:01: PM	11:29: PM
9	Social Science (History)	Ch-4, Tribals, Dikus and the Vision of a Golden Age, Part-1	English	1:12: AM	3:40: AM	6:09: AM	8:38: AM	11:07: AM	1:36: PM	4:05: PM	6:34: PM	9:02: PM	11:31: PM
10	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Dance Competition: Boys Arunachal Pradesh	HindiEnglish	1:37: AM	4:06: AM	6:34: AM	9:03: AM	11:32: AM	2:01: PM	4:30: PM	6:59: PM	9:28: PM	11:57: PM

11	Mathematics	Chapter 3- Understanding Quadrilaterals, Part-1	English	1:41: AM	4:09: AM	6:38: AM	9:07: AM	11:36: AM	2:05: PM	4:34: PM	7:03: PM	9:31: PM	NA
12	Vocational Video	Ten plants for home decoration	HindiEnglish	2:04: AM	4:33: AM	7:02: AM	9:31: AM	12:00: PM	2:28: PM	4:57: PM	7:26: PM	9:55: PM	NA
13	Vocational Video	Tool Box	HindiEnglish	2:18: AM	4:47: AM	7:15: AM	9:44: AM	12:13: PM	2:42: PM	5:11: PM	7:40: PM	10:09: PM	NA

बुधस्पतिवार, 26 जनवरी 2023
Thursday, 26 January 2023

1	Mathematics	पाठ 5: आँकड़ों का प्रबंधन	Hindi	12:00: AM	2:30: AM	5:00: AM	7:31: AM	10:01: AM	12:32: PM	3:02: PM	5:33: PM	8:03: PM	10:34: PM
2	Social Science (History)	पाठ 4: आदिवासी; दीकु और एक स्वर्ण युग की कल्पना, भाग-1	Hindi	12:28: AM	2:58: AM	5:29: AM	7:59: AM	10:30: AM	1:00: PM	3:31: PM	6:01: PM	8:32: PM	11:02: PM
3	Social Science (History)	पाठ 4: आदिवासी; दीकु और एक स्वर्ण युग की कल्पना, भाग-2	Hindi	12:47: AM	3:17: AM	5:47: AM	8:18: AM	10:48: AM	1:19: PM	3:49: PM	6:20: PM	8:50: PM	11:21: PM
4	English Honeydew	Chapter-3, Glimpses of the Past, Part-1	English	1:08: AM	3:38: AM	6:09: AM	8:39: AM	11:10: AM	1:40: PM	4:11: PM	6:41: PM	9:12: PM	11:42: PM
5	English Honeydew	Chapter-3, Glimpses of the Past, Part-2	English	1:44: AM	4:14: AM	6:45: AM	9:15: AM	11:46: AM	2:16: PM	4:46: PM	7:17: PM	9:47: PM	NA
6	Science	Chapter-5: Coal And Petroleum	English	2:06: AM	4:37: AM	7:07: AM	9:38: AM	12:08: PM	2:39: PM	5:09: PM	7:40: PM	10:10: PM	NA
7	Vocational Video	Preparing First Aid kit at home	HindiEnglish	2:23: AM	4:53: AM	7:24: AM	9:54: AM	12:25: PM	2:55: PM	5:26: PM	7:56: PM	10:27: PM	NA

शुक्रवार, 27 जनवरी 2023
Friday, 27 January 2023

1	Science	पाठ 5: कोयला और पेट्रोलियम	Hindi	12:00: AM	2:30: AM	5:00: AM	7:30: AM	10:00: AM	12:30: PM	3:00: PM	5:30: PM	8:00: PM	10:30: PM
2	Hindi	पाठ 3: बस की यात्रा	Hindi	12:28: AM	2:58: AM	5:28: AM	7:58: AM	10:28: AM	12:58: PM	3:28: PM	5:58: PM	8:28: PM	10:58: PM
3	Story Telling/ Value Education	स्वप्न भंग:	Hindi	12:41: AM	3:11: AM	5:41: AM	8:11: AM	10:41: AM	1:11: PM	3:41: PM	6:11: PM	8:41: PM	11:11: PM
4	Social Science (Political Science)	Chapter-2: Understanding Secularism	English	12:47: AM	3:17: AM	5:47: AM	8:17: AM	10:47: AM	1:17: PM	3:47: PM	6:17: PM	8:47: PM	11:17: PM
5	General Awareness Programme	रौशनी और रंग	Hindi	1:20: AM	3:50: AM	6:20: AM	8:50: AM	11:20: AM	1:50: PM	4:20: PM	6:50: PM	9:20: PM	11:50: PM
6	Mathematics	Chapter 3- Understanding Quadrilaterals, Part-2	English	1:36: AM	4:06: AM	6:36: AM	9:06: AM	11:36: AM	2:06: PM	4:36: PM	7:06: PM	9:36: PM	NA
7	Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	2:05: AM	4:35: AM	7:05: AM	9:35: AM	12:05: PM	2:35: PM	5:05: PM	7:35: PM	10:05: PM	NA

शनिवार, 28 जनवरी 2023
Saturday, 28 January 2023

1	Mathematics	पाठ 6: वर्ग और वर्गमूल	Hindi	12:00: AM	2:30: AM	5:00: AM	7:31: AM	10:01: AM	12:32: PM	3:02: PM	5:33: PM	8:03: PM	10:33: PM
2	Sanskrit	पाठ 5: कण्टकेनैव कण्टकम्	Sanskrit	12:28: AM	2:58: AM	5:29: AM	7:59: AM	10:29: AM	1:00: PM	3:30: PM	6:01: PM	8:31: PM	11:02: PM
3	Story Telling/ Value Education	बबलू की नाव	Hindi	12:52: AM	3:22: AM	5:53: AM	8:23: AM	10:54: AM	1:24: PM	3:55: PM	6:25: PM	8:55: PM	11:26: PM
4	General	जादुई किताब	Hindi	1:13: AM	3:44: AM	6:14: AM	8:44: AM	11:15: AM	1:45: PM	4:16: PM	6:46: PM	9:17: PM	11:47: PM
5	Social Science (Geography)	Chapter-2: Land, Soil, Water, Natural Vegetation and Wildlife Resources, Part - 3	English	1:29: AM	4:00: AM	6:30: AM	9:00: AM	11:31: AM	2:01: PM	4:32: PM	7:02: PM	9:33: PM	NA
6	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Daman and Diu	HindiEnglish	1:41: AM	4:11: AM	6:42: AM	9:12: AM	11:42: AM	2:13: PM	4:43: PM	7:14: PM	9:44: PM	NA
7	Science	Chapter 5- Coal And Petroleum	English	1:46: AM	4:17: AM	6:47: AM	9:18: AM	11:48: AM	2:18: PM	4:49: PM	7:19: PM	9:50: PM	NA
8	Vocational Video	वृक्षों की पहचान एवं महत्व	HindiEnglish	2:04: AM	4:35: AM	7:05: AM	9:36: AM	12:06: PM	2:37: PM	5:07: PM	7:37: PM	10:08: PM	NA

रविवार, 29 जनवरी 2023
Sunday, 29 January 2023

1	Physical Education	चक्रासन	Hindi	12:00: AM	2:29: AM	4:59: AM	7:29: AM	9:59: AM	12:29: PM	2:59: PM	5:29: PM	7:59: PM	10:29: PM
2	Social Science (Political Science)	पाठ 2: धर्मनिरपेक्षता की समझ	Hindi	12:20: AM	2:50: AM	5:20: AM	7:50: AM	10:20: AM	12:50: PM	3:20: PM	5:50: PM	8:20: PM	10:50: PM
3	Story Telling/ Value Education	भूपति मयादस	Hindi	12:41: AM	3:11: AM	5:41: AM	8:11: AM	10:40: AM	1:10: PM	3:40: PM	6:10: PM	8:40: PM	11:10: PM
4	Mathematics	Chapter 3- Understanding Quadrilaterals: Activity (Sum of Interior Angles of a polygon)	English	12:50: AM	3:20: AM	5:49: AM	8:19: AM	10:49: AM	1:19: PM	3:49: PM	6:19: PM	8:49: PM	11:19: PM
5	Science	Activity: Properties of metals in terms of hardness and softness	HindiEnglish	1:00: AM	3:30: AM	6:00: AM	8:30: AM	11:00: AM	1:30: PM	3:59: PM	6:29: PM	8:59: PM	11:29: PM
6	Science	Chapter 3- Synthetic Fibres and Plastics: Activity- Fibre To Fabric	English	1:02: AM	3:32: AM	6:02: AM	8:32: AM	11:02: AM	1:32: PM	4:02: PM	6:32: PM	9:02: PM	11:32: PM
7	General	E-Waste Management: Block 3	English	1:05: AM	3:35: AM	6:04: AM	8:34: AM	11:04: AM	1:34: PM	4:04: PM	6:34: PM	9:04: PM	11:34: PM
8	General	जादुई किताब	Hindi	1:23: AM	3:53: AM	6:23: AM	8:52: AM	11:22: AM	1:52: PM	4:22: PM	6:52: PM	9:22: PM	11:52: PM
9	Social Science (History)	Ch-4, Tribals, Dikus and the Vision of a Golden Age, Part-2	English	1:39: AM	4:09: AM	6:38: AM	9:08: AM	11:38: AM	2:08: PM	4:38: PM	7:08: PM	9:38: PM	NA
10	Vocational Video	Hand tools	HindiEnglish	1:55: AM	4:25: AM	6:55: AM	9:25: AM	11:54: AM	2:24: PM	4:54: PM	7:24: PM	9:54: PM	NA

11	Vocational Video	Preparing First Aid kit at home	Hindi English	2:10: AM	4:40: AM	7:10: AM	9:40: AM	12:10: PM	2:40: PM	5:10: PM	7:39: PM	10:09: PM	NA
12	Vocational Video	Changing tap washer	Hindi English	2:17: AM	4:47: AM	7:17: AM	9:47: AM	12:17: PM	2:47: PM	5:17: PM	7:47: PM	10:17: PM	NA

सोमवार, 30 जनवरी 2023
Monday, 30 January 2023

1	Science	पाठ 6: दहन एवं ज्वाला	Hindi	12:00: AM	2:30: AM	5:01: AM	7:31: AM	10:02: AM	12:32: PM	3:03: PM	5:33: PM	8:04: PM	10:35: PM
2	Social Science (Geography)	पाठ 2: भूमि; मृदा; जल; प्राकृतिक वनस्पति और वन्य जीवन संसाधन	Hindi	12:33: AM	3:04: AM	5:35: AM	8:05: AM	10:36: AM	1:06: PM	3:37: PM	6:07: PM	8:38: PM	11:08: PM
3	Cultural Heritage: Art, Music, Dance	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Nagaland	Hindi English	1:02: AM	3:32: AM	6:03: AM	8:33: AM	11:04: AM	1:34: PM	4:05: PM	6:36: PM	9:06: PM	11:37: PM
4	English Honeydew	Chapter-3, Macavity: The Mystery Cat	English	1:05: AM	3:36: AM	6:06: AM	8:37: AM	11:07: AM	1:38: PM	4:09: PM	6:39: PM	9:10: PM	11:40: PM
5	Creative Activities: Art/Craft	String Mosquito	English	1:32: AM	4:03: AM	6:33: AM	9:04: AM	11:34: AM	2:05: PM	4:35: PM	7:06: PM	9:36: PM	NA
6	Mathematics	Chapter-4, Practical Geometry	English	1:33: AM	4:04: AM	6:34: AM	9:05: AM	11:35: AM	2:06: PM	4:37: PM	7:07: PM	9:38: PM	NA
7	Vocational Video	Identification of trees	Hindi English	2:01: AM	4:31: AM	7:02: AM	9:33: AM	12:03: PM	2:34: PM	5:04: PM	7:35: PM	10:05: PM	NA
8	Vocational Video	Ten plants for home decoration	Hindi English	2:11: AM	4:42: AM	7:12: AM	9:43: AM	12:13: PM	2:44: PM	5:15: PM	7:45: PM	10:16: PM	NA

मंगलवार, 31 जनवरी 2023
Tuesday, 31 January 2023

1	Mathematics	पाठ 6: वर्ग और वर्गमूल	Hindi	12:00: AM	2:30: AM	5:00: AM	7:30: AM	10:00: AM	12:30: PM	3:00: PM	5:30: PM	8:00: PM	10:30: PM
2	Hindi	पाठ 3: बस की यात्रा	Hindi	12:28: AM	2:58: AM	5:28: AM	7:58: AM	10:28: AM	12:58: PM	3:28: PM	5:58: PM	8:28: PM	10:59: PM
3	Story Telling/ Value Education	गुलज़ार बच्चों के साथ	Hindi	12:58: AM	3:28: AM	5:58: AM	8:28: AM	10:58: AM	1:29: PM	3:59: PM	6:29: PM	8:59: PM	11:29: PM
4	Social Science (Geography)	Chapter-2: Land, Soil, Water, Natural Vegetation and Wildlife Resources, Part - 3	English	1:11: AM	3:41: AM	6:11: AM	8:41: AM	11:11: AM	1:41: PM	4:11: PM	6:41: PM	9:11: PM	11:42: PM
5	Creative Activities: Art/Craft	Paper Orchid	English	1:22: AM	3:52: AM	6:23: AM	8:53: AM	11:23: AM	1:53: PM	4:23: PM	6:53: PM	9:23: PM	11:53: PM
6	Science	Chapter 6- Combustion And Flame	English	1:26: AM	3:56: AM	6:26: AM	8:56: AM	11:26: AM	1:56: PM	4:26: PM	6:56: PM	9:27: PM	11:57: PM
7	Science	Activity 4- Combustion and Flame	English	1:53: AM	4:23: AM	6:53: AM	9:23: AM	11:53: AM	2:23: PM	4:53: PM	7:24: PM	9:54: PM	NA

8	Science	Activity 1- Combustion and Flame	English	1:58: AM	4:28: AM	6:59: AM	9:29: AM	11:59: AM	2:29: PM	4:59: PM	7:29: PM	9:59: PM	NA
9	Vocational Video	गमले में पौधा लगाने की विधि	HindiEnglish	2:04: AM	4:34: AM	7:04: AM	9:34: AM	12:04: PM	2:35: PM	5:05: PM	7:35: PM	10:05: PM	NA