

कक्षा 4 की समय सारणी

TIME TABLE OF CLASS 4

Monday सोमवार	Tuesday मंगलवार	Wednesday बुधवार	Thursday बृहस्पतिवार	Friday शुक्रवार	Saturday शनिवार	Sunday रविवार
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	Physical Education
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	Storytelling	Storytelling
EVS	EVS	Mathematics	Mathematics	Mathematics	Mathematics	Physical Education
English	English	English	English	English	Storytelling	Storytelling

***Note: Watch live and interact with subject experts on Every Tuesday from 3:00pm – 4:00 pm.**

Please follow the NCERT Facebook Page (<https://www.facebook.com/ncertofficial/>) for the topics of session.

You can watch the live sessions through NCERT Official You tube channel:

<https://www.youtube.com/channel/UCT0s92hGjqLX6p7qY9BBrSA>

To see the exact timings of the programmes:

https://swayamprabha.gov.in/index.php/program/current_se/26

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Subject	Title / Topic	Medium	Duration
1-Jul-2021			
EVS	पाठ 9: बदलते परिवार	Hindi	0:20:48
हिन्दी	पाठ 6 : नाव बनाओ नाव बनाओ	Hindi	0:21:10
Mathematics	Chapter 6: The Junk Seller: Part 1	English	0:29:36
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 1	Hindi	0:10:33
English	Unit 1: Wake up and Neha's Alarm Clock	English	0:26:37
CWSN	Who will be Ningthou	ISL	0:13:09
2-Jul-2021			
Mathematics	पाठ 5: दुनिया कुछ ऐसी दिखती है	Hindi	0:19:34
हिन्दी	पाठ 7 : दान का हिसाब	Hindi	0:33:18
Mathematics	Chapter 6 : The Junk Seller : Part 2	English	0:24:37
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 2	Hindi	0:15:01
English	Unit 2: Noses and The Little Fir Tree	English	0:30:27
3-Jul-2021			
Mathematics	पाठ 6: कबाड़ीवाली भाग 1	Hindi	0:24:58
Storytelling	नानी कहें कहानी: नमक का व्यापारी और उसका गधा	Hindi	0:08:23
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Arunachal Pradesh	Hindi	0:06:08
Mathematics	Chapter 7: Jugs and Mugs	English	0:25:26
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 3	Hindi	0:17:18
Storytelling	हुद-हुद	Hindi	0:09:09
CWSN	पुराने बच्चे	ISL	0:04:28
4-Jul-2021			
Physical Education	स्वस्थ बढ़ना	Hindi	0:04:20
Physical Education	योग: सर्वांगासन	Hindi	0:12:33
Physical Education	पोषण, स्वास्थ्य और स्वच्छता	Hindi	0:06:39
Storytelling	तुम्हारी कहानियां : डोमी की चप्पलें भाग 1	Hindi	0:12:46

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Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Chhattisgarh	Hindi	0:05:17
Physical Education	स्वस्थ बढ़ना	Hindi	0:04:20
Physical Education	योग: सर्वांगसन	Hindi	0:12:33
Physical Education	पोषण, स्वास्थ्य और स्वच्छता	Hindi	0:06:39
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 4	Hindi	0:16:47
Storytelling	तुम्हारी कहानियां : डोमी की चप्पलें भाग 2	Hindi	0:14:11
CWSN	कोई लाके मुझे दे	ISL	0:03:54
5-Jul-2021			
Mathematics	पाठ 6:कबाड़ीवाली भाग 2	Hindi	0:15:24
हिन्दी	पाठ 8 :कौन	Hindi	0:25:14
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Dadra and Nagar Haveli	Hindi	0:04:52
EVS	Chapter 7: From the Window	English	0:15:12
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 5	Hindi	0:09:27
English	Unit 3: Run & Nasruddin's Aim	English	0:23:43
CWSN	हाथी चल्लम चल्लम	ISL	0:06:52
6-Jul-2021			
Mathematics	पाठ 7: जग मग जग मग	Hindi	0:26:22
हिन्दी	पाठ 9 :स्वतंत्रता की ओर	Hindi	0:26:20
EVS	Chapter 7: Reaching Grandmother's House	English	0:29:47
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 6	Hindi	0:15:45
English	Unit 4: Why? and Alice in wonderland	English	0:31:10
7-Jul-2021			
EVS	पाठ 10: हू तू तू, हू तू तू	Hindi	0:16:37
हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	Hindi	0:19:19

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Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Daman and Diu	Hindi	0:05:37
Mathematics	Chapter 8: Carts and Wheels Part 1	English	0:21:54
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 1	Hindi	0:10:33
English	Unit 5: Don't Be Afraid of the Dark	English	0:27:59
CWSN	I Have a Dream	ISL	0:06:49
8-Jul-2021			
EVS	पाठ 11: फुलवारी	Hindi	0:25:37
हिन्दी	पाठ 11 :पढ़कू की सूझ	Hindi	0:20:52
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Goa	Hindi	0:06:25
Mathematics	Chapter 8: Carts and Wheels Part 2	English	0:23:25
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 2	Hindi	0:15:01
English	Unit 6: Hiawatha, The Scholar's Mother Tongue	English	0:35:54
9-Jul-2021			
Mathematics	पाठ 8: गाड़ियाँ और पहिए	Hindi	0:30:45
हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	Hindi	0:24:23
Mathematics	Chapter 9: Halves and Quarters	English	0:24:56
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 3	Hindi	0:17:18
English	Unit 7: A Watering Rhyme, The Giving Tree	English	0:26:52
10-Jul-2021			
Mathematics	पाठ 9: आधा और चौथाई	Hindi	0:21:51
Storytelling	तुम्हारी कहानियां : सच बोलो	Hindi	0:13:33
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Kerala	Hindi	0:06:23
Mathematics	Chapter 10: Play with Patterns	English	0:29:28
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 4	Hindi	0:16:47

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Storytelling	टर्म टू भाग 1	Hindi	0:22:58
CWSN	Who will be Ningthou	ISL	0:13:09
11-Jul-2021			
Physical Education	स्वस्थ बढ़ना	Hindi	0:04:20
Physical Education	पोषण, स्वास्थ्य और स्वच्छता	Hindi	0:06:39
Physical Education	योग: सर्वांगसन	Hindi	0:12:33
Storytelling	टर्म टू भाग 2	Hindi	0:22:00
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Andhra Pradesh	Hindi	0:06:51
Physical Education	योग: सर्वांगसन	Hindi	0:12:33
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 5	Hindi	0:09:27
Storytelling	टर्म टू भाग 3	Hindi	0:21:54
CWSN	बहादुर बिट्टो	ISL	0:09:08
12-Jul-2021			
Mathematics	पाठ 10: पैटर्न	Hindi	0:25:02
हिन्दी	पाठ 11 :पढ़कू की सूझ	Hindi	0:21:27
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Assam	Hindi	0:05:34
EVS	Chapter 9: Changing Families Part I	English	0:22:36
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 6	Hindi	0:15:45
English	Unit 8: Books	English	0:20:31
CWSN	पुराने बच्चे	ISL	0:04:28
13-Jul-2021			
Mathematics	पाठ 11: पहाड़े और बंटवारे	Hindi	0:27:56
हिन्दी	पाठ 12 :सुनीता की पहिया कुर्सी	Hindi	0:24:47
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Bihar	Hindi	0:06:37

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EVS	Chapter 9: Changing Families Part II	English	0:24:37
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 1	Hindi	0:10:33
English	Unit 9: Pinocchio	English	0:24:48
CWSN	कोई लाके मुझे दे	ISL	0:03:54
14-Jul-2021			
EVS	पाठ 12: कैसे कैसे बदले घर	Hindi	0:27:19
हिन्दी	पाठ 13 :हुदहुद	Hindi	0:22:05
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Chandigarh	Hindi	0:06:13
Mathematics	Chapter 11: Tables and Shares	English	0:29:22
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 2	Hindi	0:15:01
English	Unit 1: Wake up and Neha's Alarm Clock	English	0:26:37
15-Jul-2021			
EVS	पाठ 9: बदलते परिवार	Hindi	0:20:48
हिन्दी	पाठ 14 :मुफ्त ही मुफ्त	Hindi	0:27:25
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Odisha	Hindi	0:07:09
Mathematics	Chapter 12: How Heavy? How Light?	English	0:24:12
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 3	Hindi	0:17:18
English	Unit 2: Noses and The Little Fir Tree	English	0:30:27
16-Jul-2021			
Mathematics	पाठ 12: कितना भारी कितना हल्का	Hindi	0:27:15
हिन्दी	पाठ 7 : दान का हिसाब	Hindi	0:33:18
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Delhi	Hindi	0:06:22
Mathematics	Chapter 13: Fields and Fences	English	0:15:00
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 4	Hindi	0:16:47

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English	Unit 3: Run & Nasiruddin's Aim	English	0:23:43
17-Jul-2021			
Mathematics	पाठ 5: दुनिया कुछ ऐसी दिखती है	Hindi	0:19:34
Storytelling	टर्म टू भाग 4	Hindi	0:24:03
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Himachal Pradesh	Hindi	0:06:01
Mathematics	Chapter 6: The Junk Seller: Part 1	English	0:29:36
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 5	Hindi	0:09:27
Storytelling	टर्म टू भाग 5	Hindi	0:22:22
18-Jul-2021			
Physical Education	स्वस्थ बहना	Hindi	0:04:20
Physical Education	पोषण, स्वास्थ्य और स्वच्छता	Hindi	0:06:39
Storytelling	टर्म टू भाग 6	Hindi	0:22:54
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Jharkhand	Hindi	0:04:14
Physical Education	पोषण, स्वास्थ्य और स्वच्छता	Hindi	0:06:39
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 6	Hindi	0:15:45
Storytelling	टर्म टू भाग 7	Hindi	0:23:24
CWSN	एक दिन की बादशाहत	ISL	0:15:47
19-Jul-2021			
Mathematics	पाठ 6: कबाड़ीवाली भाग 1	Hindi	0:24:58
हिन्दी	पाठ 6 : नाव बनाओ नाव बनाओ	Hindi	0:21:10
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Leh Ladakh	Hindi	0:03:48
EVS	Chapter 7: From the Window	English	0:15:12
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 1	Hindi	0:10:33
English	Unit 4: Why? and Alice in wonderland	English	0:31:10

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20-Jul-2021			
Mathematics	पाठ 6:कबाड़ीवाली भाग 2	Hindi	0:15:24
हिन्दी	पाठ 8 :कौन	Hindi	0:25:14
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Haryana	Hindi	0:06:08
EVS	Chapter 7: Reaching Grandmother's House	English	0:29:47
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 2	Hindi	0:15:01
English	Unit 5: Don't Be Afraid of the Dark	English	0:27:59
21-Jul-2021			
EVS	पाठ 10: हू तू तू, हू तू तू	Hindi	0:16:37
हिन्दी	पाठ 9 :स्वतंत्रता की ओर	Hindi	0:26:20
Mathematics	Chapter 6: The Junk Seller: Part 2	English	0:24:37
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 3	Hindi	0:17:18
English	Unit 6: Hiawatha, The Scholar's Mother Tongue	English	0:35:54
22-Jul-2021			
EVS	पाठ 11: फुलवारी	Hindi	0:25:37
हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	Hindi	0:19:19
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Gujarat	Hindi	0:06:44
Mathematics	Chapter 7: Jugs and Mugs	English	0:25:26
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 4	Hindi	0:16:47
English	Unit 7: A Watering Rhyme, The Giving Tree	English	0:26:52
23-Jul-2021			
Mathematics	पाठ 7: जग मग जग मग	Hindi	0:26:22
हिन्दी	पाठ 11 :पढ़क्कू की सूझ	Hindi	0:20:52

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Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Kendriya Vidyalaya	Hindi	0:04:18
Mathematics	Chapter 8: Carts and Wheels Part 1	English	0:21:54
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 5	Hindi	0:09:27
English	Unit 8: Books	English	0:20:31
CWSN	हाथी चल्लम चल्लम	ISL	0:06:52
24-Jul-2021			
Mathematics	पाठ 8: गाड़ियाँ और पहिए	Hindi	0:30:45
Storytelling	टर्म टू भाग 8	Hindi	0:24:06
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Rajasthan	Hindi	0:06:00
Mathematics	Chapter 8: Carts and Wheels Part 2	English	0:23:25
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 6	Hindi	0:15:45
Storytelling	टर्म टू भाग 9	Hindi	0:22:43
25-Jul-2021			
Physical Education	स्वस्थ बढ़ना	Hindi	0:04:20
Physical Education	योग: सर्वांगसन	Hindi	0:12:33
Storytelling	टर्म टू भाग 10	Hindi	0:24:42
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Uttarakhand	Hindi	0:04:19
Physical Education	स्वस्थ बढ़ना	Hindi	0:04:20
Physical Education	योग: सर्वांगसन	Hindi	0:12:33
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 1	Hindi	0:10:33
Storytelling	टर्म टू भाग 11	Hindi	0:22:57
CWSN	I Have a Dream	ISL	0:06:49
26-Jul-2021			
Mathematics	पाठ 9: आधा और चौथाई	Hindi	0:21:51

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हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	Hindi	0:24:23
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Madhya Pradesh	Hindi	0:06:12
EVS	Chapter 9: Changing Families Part I	English	0:22:36
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 2	Hindi	0:15:01
English	Unit 9: Pinocchio	English	0:24:48
27-Jul-2021			
Mathematics	पाठ 10: पैटर्न	Hindi	0:25:02
हिन्दी	पाठ 11 :पढ़कू की सूझ	Hindi	0:21:27
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Maharashtra	Hindi	0:06:10
EVS	Chapter 9: Changing Families Part II	English	0:24:37
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 3	Hindi	0:17:18
English	Unit 1: Wake up and Neha's Alarm Clock	English	0:26:37
28-Jul-2021			
EVS	पाठ 12: कैसे कैसे बदले घर	Hindi	0:27:19
हिन्दी	पाठ 12 :सुनीता की पहिया कुर्सी	Hindi	0:24:47
Mathematics	Chapter 9: Halves and Quarters	English	0:24:56
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 4	Hindi	0:16:47
English	Unit 2: Noses and The Little Fir Tree	English	0:30:27
29-Jul-2021			
EVS	पाठ 13: पहाड़ों से समुन्द्र तक	Hindi	0:13:23
हिन्दी	पाठ 13 :हुदहुद	Hindi	0:22:05
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Mizoram	Hindi	0:05:57
Mathematics	Chapter 10: Play with Patterns	English	0:29:28
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 5	Hindi	0:09:27

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English	Unit 3: Run & Nasiruddin's Aim	English	0:23:43
CWSN	Who will be Ningthou	ISL	0:13:09
30-Jul-2021			
Mathematics	पाठ 11: पहाड़े और बंटवारे	Hindi	0:27:56
हिन्दी	पाठ 14 :मुफ्त ही मुफ्त	Hindi	0:27:25
Mathematics	Chapter 11: Tables and Shares	English	0:29:22
Creative Activities: Art & Craft	ऑरिगमी (कागज़ कला) 6	Hindi	0:15:45
English	Unit 4: Why? and Alice in Wonderland	English	0:31:10
31-Jul-2021			
Mathematics	पाठ 12: कितना भारी कितना हल्का	Hindi	0:27:15
Storytelling	टर्म टू भाग 12	Hindi	0:21:29
Cultural Heritage: Art/Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Puducherry	Hindi	0:06:02
Mathematics	Chapter 12: How Heavy? How Light?	English	0:24:12
Creative Activities: Art & Craft	आओ खिलौने बनायें: जादुई किताब	Hindi	0:15:55
Storytelling	टर्म टू भाग 13	Hindi	0:23:36

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