



CyberPeace  
Foundation

# Being Mindful Internet User

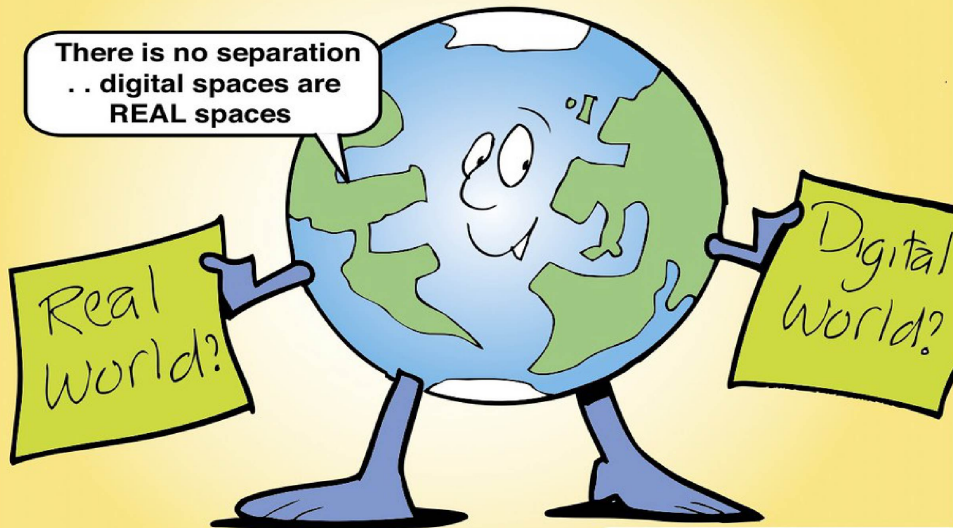
Nisha Dua

Principal Consultant,  
CyberPeace Foundation

# Real World = Digital World

There is no 'real world' and 'digital world'

There is no separation  
.. digital spaces are  
REAL spaces



**Safety, Ethics, Values, Netiquettes**  
followed in real world need to be  
followed in Digital World also.



# Values and Ethics



# Internet Etiquettes = Netiquettes

Rule 1: Remember you are contacting human through machine.

Rule 2: Behave online that you follow in real life.

Rule 3: Know where you are in cyberspace.

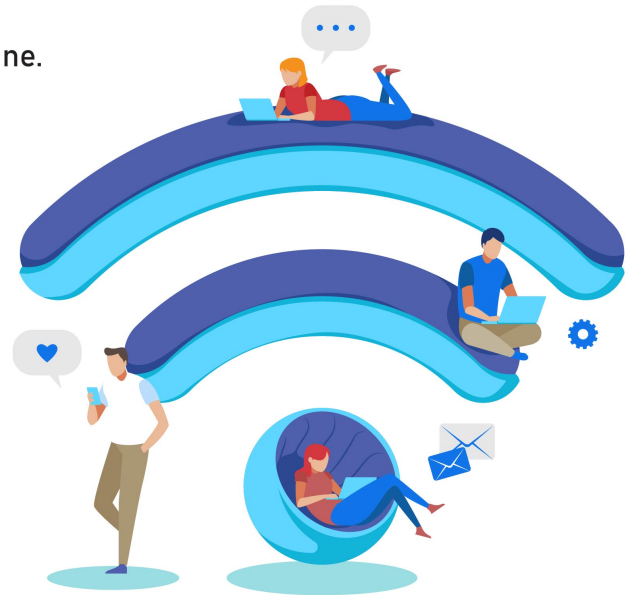
Rule 8: Maintain your privacy & respect other's privacy.

Rule 4: Respect other people's time & bandwidth.

Rule 5: Do not get into arguments.

Rule 6: Share expert knowledge.

Rule 7: Make yourself look good online.





# Reputation

- Digital Footprints
- Image in the Society
- Admission to Colleges
- Job Prospects
- Marriage Prospects



# THINK Before You Share.

There is no 'sorry' button on the Internet...



- **T** = is it TRUE ?
- **H** = is it HELPFUL ?
- **I** = is it INSPIRING ?
- **N** = is it NECESSARY ?
- **K** = is it KIND ?



# What Digital Skills Do Children Need?



**STOP**

**Who ?**

Strangers? Known? Trustworthy ?

**What ?**

Content are you sharing or accessing ?

**Where ?**

Chat Rooms, Social Media Platforms,  
Commercial Websites, Hacking Sites ?

**If Convinced**

**Enjoy the safe internet experience**





# Be a Mindful Internet User

Create the Culture of Safety & Responsibility  
Make World a Happier & Safer Place



# With great power comes great responsibility ...be like Spiderman...





*Promoting Safer, Responsible & Peaceful Cyber Space*

**Largest Cyber Safety Competition organised by**

NCERT & CyberPeace Foundation

# Who can participate ?

The eRaksha Competition 2022 invites participation across multiple levels in the eco-system :



## Category 1 [ Students ]

Classes 3rd - 5th  
Classes 6th – 8th  
Classes 9th - 12th  
College Students 17 years and above



## Category 2 [ Educators ]

School Teachers  
Faculty from Colleges



## Category 3 [ Educational Institutions ]

Schools  
Colleges



## Category 4 [ Parents & Guardians ]

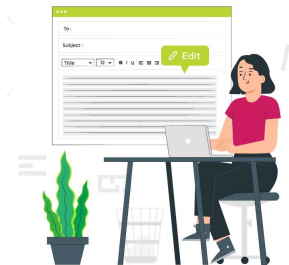


## Category 5 [ CyberPeace Honours ]

Individuals  
Organisations

# Competitions

Participants will be encouraged to think creatively about risks and precautions in the cyber space, and share their ideas through any one of the following :



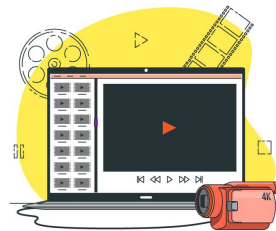
## Wordhack

(articles, stories, blogs, essays)



## Artcade

(painting, poster, sticker, sketch)



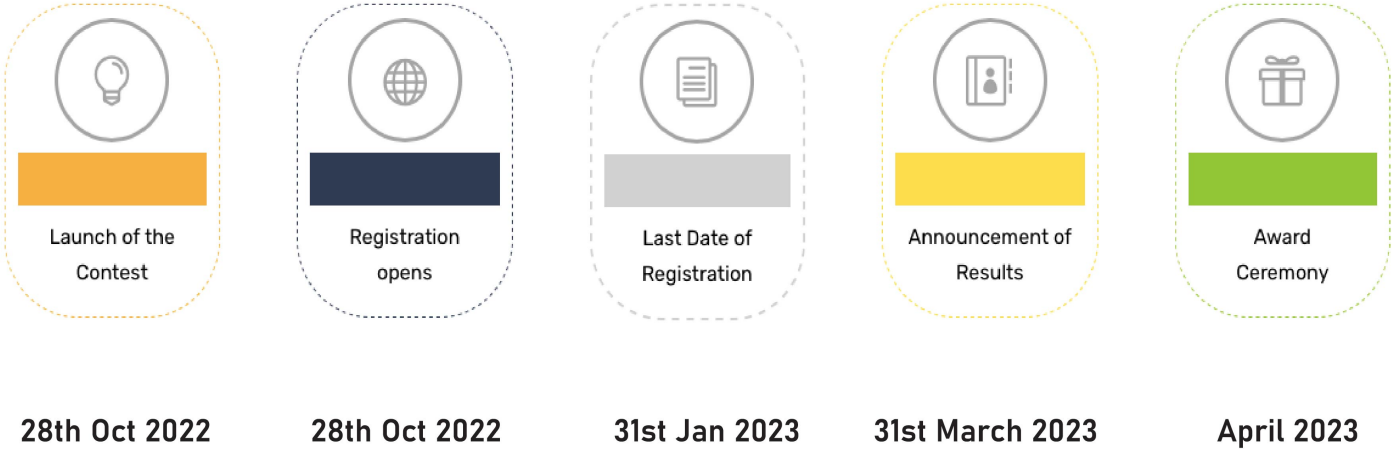
## Short self-created Videos



## Tech Avishkar

(innovative Tech Programs using latest tools and techniques)

# Timeline







**making netizens responsible & safe**

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Register on:

<https://www.eraksha.net>





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# THANK YOU

For assistance, contact us on our  
WhatsApp helpline at **+91 957 00000 66**  
Or via mail at **helpline@cyberpeace.net**