

# 1. Details of Module and its structure

Module Detail			
Subject Name	Education		
Paper Name	Perspectives, Issues and Research in Teacher Education		
Module Name/Title	Teacher Education in Quest of Peace		
Module Id	e-PG EDN 10.29		
Pre-requisites	Basic understanding of peace and its attributes		
Objectives	• To realize peace through symbiosis, education, sacrifice, resilience, giving & forgiving, unconditional love & affection, becoming & de-becoming, justice, happiness, laughter & tears, search & research.		
Keywords	Peace, Symbiosis, Sacrifice, Resilience, Giving & Forgiving, Love and Affection, Becoming & De-becoming, Justice, Happiness, Laughter, Tears, Search and Research		

# 2. Development Team

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Throughout life we are in quest of peace which is the state of full immersion & bliss. The reflections begin with evident & real dichotomy & its resolution. The validity of the cause & effect relationship knowledge has been questioned. An attempt has been made to find peace through symbiosis, education, sacrifice, resilience, giving & forgiving, unconditional love & affection, becoming & de-becoming, justice, happiness, laughter & tears, search & research. An illustration has been made on Pig Predators & Savor & some poems presented to revive peace.

Peace is a state where Gardner, Flower, Fragrance, Fluorescence, Essence become one, Piper, Pipe, Piped, Nature become one, Sufferer- Suffering-Suffer-Village-Globe & rest of the universe become one, Wick- Oil-Air-Fire-Light-Lighted & Darkness become one, Teacher- Teaching- Taught- Structure- Infrastructure & Environ become one, Saint & scoundrel, Nectar & Poison, Predator & Prey, RAJA & PRAJA become one. But, the emerging question is what peace is! Peace is a state of being, where we have full complete wholistic immersion in a calm environment. But, how to be calm, quite & in peaceful state? When we develop the ability to listen to negative or positive comments without being affected, we are becoming mature, peaceful & educated.

But, very often the problem is that whatsoever is real is not evident and whatsoever is evident is not real. We go on attributing our diseased states to invalid causes. Why so? It is because, despite sea research we do not have perfect knowledge base. Very often our reason fails us, because, our quest is not dedicated. Our reason is illogical. The perceived cause & effect relations are faulty, in fact, very often misleading. What is the resolve? We ought to reason continuously, that is, re-as-on our knowledge, precision & ease, of course, with deeply touching feelings. Not only cause & effect analysis, we ought to do marginal analysis and finally operational functional analysis till we are in a position to test the truth & falsehood of our propositions & hypotheses.

#### Peace: What & Where

- a. Is it the state of wholistic sound health?
- b. Is it the state of Yoga, where we cease to be?
- c. Is it the state when one is oneself?
- d. Is it the state of a universal being- one with everyone in unison?



- e. Is it the equilibrated integrated state with the momentary disappearance of bipolarity?
- f. Is it the state of silence with no internal & external noise?
- g. Is it the state of gently channelized booming energy?
- h. Is it the state of Truthfulness, Compassion & Forbearance?
- i. Is it the post-chaos state where the highest orders emerge?
- j. Is it by realizing which only we know every one?
- k. Is it entrainment of Heart & Brain- an equation of Dopamine & Adrenaline?

#### **Some Reflections on Peace**

## **Peace & Thinking Patterns**

Mind has a tendency of wandering. Control on the mind demands inner control, not to be swayed away by any attraction or passion. Nothing can deviate a person with full inner control. We ought to be serene rather than turbulent, calm rather than stormy, expressive & booming rather than depressive & repressive, positive than negative, final & decisive rather than recursive & lurking, neutral rather than polar, modern rather than primitive, cultured rather than ultramodern, socio- centric & ethnocentric rather than self-centric & ego centric, sharp & decisive rather than blunt & obsessive, wholistic rather than patristic, optimistic rather than pessimistic, happy rather than sad, simple rather than complex, considerate rather than rigid, social rather than unsocial, independent rather than dependent, broad minded rather than conservative, determined & active rather than idealistic & passive, logical rather than irrational, factual & theoretical rather than propositional & hypothetical, creative rather than stereotyped, pioneer than conservative & copier, confident rather than diffident, relaxed rather than stressful, focused rather than deviant, flexible rather than rigid, open rather than closed, resonating rather than stagnant & isolated, constructive & connective rather than destructive & disruptive, innovative rather than customary, resolved rather than engrossed, peaceful rather than disturbed, free rather than confined, striving rather than starving, resolved rather than recursive, final rather than obsessed, normal rather than psychoneurotic, lucid than ambiguous, fruitful than futile, innocent rather than cunning, intuitive rather than peripheral. But how to realize such a state? Thinking regulators demand healthy neurons and their interconnections, mental control, spiritual control, control on the motor muscles, simple living & high thinking. Thinking is the cause of both, peace & chaos. Thinking is trainable.



#### > Peace: Real & Evident

Whatsoever is evident is not real, whereas, whatsoever is real is not evident. How to resolve the real & evident dichotomy to be in peace?

#### > Peace: Cause- Effect & Reason

Reason between cause and effect is rarely perfect. Reasoning is never ever ultimate. So the cause and effect gaps. It is a never ending quest in search of truth. How to reach the truth for the realization of peace?

#### > Peace & symbiosis

We ought to learn to live together. Rather that treating mother nature as a source we have started resourcing her. Rather than adoring nature, we have started exploiting her. Rather than being friendly with the nature we are becoming more & more hostile. We have moved away from naturalism to existentialism, from realism to idealism, from civilization to modernization. We have almost lost our cultural heritage & are becoming mad after modernization. Rather than being symbiotic we have become more and more alienated. Rather than being united we are becoming more & more fragmented. Rather than uniting into peaceful immersion we have shattered into chaos & fragmentation. The emerging question is how to revive peace?

## > Peace & Learning

Peace is the prerequisite for learning. Unless we are noise free we cannot receive. Without receiving there is no assimilation, reflection and learning. While receiving any stimulus there should be no noise- internal or external. Hence peaceful state is a must for learning & learning outcome.

#### > Peace & Sacrifice

Let us look at any entity in this universe and how much devotion, dedication and SMARPAN these have. Be it silken cotton of the Silent Doctor SEMAL, KHAS KHAS & Nectar of POPPY, GULKAND of Rose, Essence & Fragrance of CHMPA & CHMELI, Medicine of AMALTASH, NIMBOLI of NEEM, Turpentine Oil of PINE, plight of honey bees, glow of glow worms, functions of insects & beetles. Secret of the universe lies in interrelation, interdependence, SAMPARPAN & healthy coexistence.



#### > Peace & Resilience.

Variability & Central Tendency or deviation & regression are the realities. It is always desirable that we realize resilience & normal state at the earliest. Sooner it is realized less damaging it is. This is an age of stress & strain. But the state of peace demands instant resilience. There are numerous pressures these days, such as, high blood pressure- low blood pressure, compulsive obsessive neurosis, depression & hypertension, which could be both self-invited & environment offered. We ought to be strong enough not to deviate, if at all we deviate then there must be most efficient resilience.

## > Peace & giving & forgiving.

Even in prayers we should make it a habit to report our achievement & contribution, rather than seeking grace. Peace rests in giving and forgiving. Nature is the best teacher who teaches us what to give, when to give, and how to give. We should realize the strength of giving & power of forgiving.

#### > Peace & unconditional love & affection.

Peace lies in unconditional love & affection for all. Unconditional love & affection demand thorough knowledge of all. Knowledge base of all demands continuous quest for reality-search & research. Cause & effect relationship demands thorough reasoning. Reasoning is always limited. Even then we can realize unconditional love & affection which peace demands. Re-as-on is a continuous, infinite, never ending chain. We ought to transcend timespace & reason to realize our quest for vision.

## > Peace & de-becoming

Peace is a blissful journey through be, becoming, being & de-becoming. What we want to be? What are we becoming? What is our being? Even the highest level of knowledge base & wisdom reveal that our being howsoever rich & comprehensive is too wanting & limited. Functional feelings of our being help us identify & locate ourselves in this indeterminate & little known cosmos.

## ➤ Peace & Justice.

Peace demands truthfulness, compassion, forbearance, forgiveness, equity & equality. India is a sovereign, socialist, secular, & democratic republic. Indian constitution observes justice for all. No one has the right to be partial & unjust, irrespective of who we are, politicians or



public, capitalists or below poverty line, doctors or patients, secretaries or open. No gap is permissible between democratic & republic, male & female, high & low.

## > Peace & Bipolarity

Bipolarity is the open secret of the creation & sustenance of the universe. We need to understand the bipolar & their co-existence, such as, male & female, high & low, positive & negative, peace & chaos, hill & valley, heat & cold, Fire & Ice, Desire & Peace, Rich & Poor, Dare & Fear, Azad & Prisoner, Predator & Prey, Aggression & Depression, Repression & Expression, Laughter & Cry, Thief & Spy, Earth & Sky, Desert & Crowd, Hope & Despair, Abuse & Prayer, APRADHI & FARIYADI, GULAMI & AZADI, Devaluation & Neovaluation, Saints & Scoundrels, Philanthropists & Dacoits, Producers & Takers, SMARPAN & DARPAN, Sordid Drama & Silent Spectators!

## **Peace & Happiness**

We do not have sensitivity towards HDI, that is, Human Development Index what to talk of Universe Development Index. Human greed of manipulation, possession & hoarding has converted human beings from sources to resources. Return on investment should find expression in the form of peace & happiness.

#### > Peace & Laughter

Laughter sustains & strengthens life by realizing peace. The two main chemicals that are used in when we laugh are Endorphins & Dopamine. Endorphins the natural happy drugs are released from the pituitary glands into the blood, then into the brain & spine. Also Dopamine chemical is released in the brain and then are sent as signals to the other nerves of the body.

#### > Peace & Tears

Shedding off the tears, sharing the sad state also relieves us of disease & discomfort & helps in realizing peace. We have basal tears, reflex tears & emotional tears. The cornea is continually kept wet and nourished by basal tears. Tear fluid contains water, mucin, lipids, lysozyme, lactoferrin, lipocalin, lacritin, immunoglobulin, glucose, urea, sodium and potassium. Lysozyme fights against bacterial infection. Reflex tears are released during irritation to the eyes say while cutting onion or pepper spray. Negative or positive emotions cause psychic tears. Emotional tears have more of protein based hormones.



## > Peace & Play

Arriving in the optimum state of energy keeps us calm & cool. Playing any game – Hockey, Cricket, Football, Bad Minton, Table Tennis, Lawn Tennis keeps us happy & gay. Athletics such as, Jump & race, Disc Throw, Javelin Throw keeps us fit. Climbing up hill & coming down hill helps us sustain momentum. Peace & Play are perfectly interrelated.

#### Peace & Yoga

Peace begins when everything else ceases to be. Peace is complete yoga at the functional level. Yoga is that ultimate state of bliss when we are integrated unit self. Peace demands Gyan Yoga, Bhakti Yoga, Karma Yoga and Raj Yoga. Peace is by realizing which we can DARSHAN entire COSMOS. Yoga is the pre-requisite for peace.

#### > Peace & Health

Peace & Health are intimately related. Many a health issues, both, physical & mental are on the fore. How to observe sound health? Health, Happiness & Peace ought to be fully observed.

#### Illustrations on Peace

## **4** A Touching Episode

During 1980s A.D., one-day afternoon a Pig started crying, because of suffocation. It was, because, some pig hunters with rope tide bamboos were trying to capture it. The cry was so painful that all the persons of the community, Boarders from the University campus hostels, Residents of the Servant Quarters, came out and the passersby on the hostel road stopped and stood still, and like the silent spectators were experiencing the sordid seen, but, no one acted. Meanwhile a cow came running towards the spot. The cow fought with the hunters and kept fighting till the time the predators left the pig & place and the Pig was Safe & Secure. We very often hear that "Man is a social animal". What use are such feelings and wisdom which do not emanate into action?

"Honour or Shame from no condition rise Act well your part there all the honour lies!"

## Some Poems on Peace

a. World Class: Peace & Chaos



Where anxiety stress tension & aggression	What use are the Saints & Shrines;	
Trigger in classrooms blind fire	With indoor & outdoor daily crimes?	
Kill the innocent including self	Is this the Chaos which Peace Aspires	
Is this what the World Class Acquires!	Is this what the World Class Acquires!	
What use are Knowledge Societies & Conventions	What use is the Blue LED	
What us are Science Technology & Inventions	What use is the Cognitive GPS	
When the immediate neighbour border fires	If it is the darkness which light desires	
Is this what the World Class Acquires!	Is this what the World Class Acquires!	
What use is the International Outlook	Criminals find abode in the Grand Hostels	
What use is the Global Citizenship	Failing the High Intelligence Vigilant Bureaus	
If we are bent on War & Fires	Is it the intelligence we design & desire	
Is this what the World Class Acquires!	Is this what the World Class Acquires!	
Every Brush of a Cobbler that Sings & Shines	Let the Globe Universe Aspire	
Is better than State Administration & Daily Crimes	Shedding off the World Class Desire	
This is what the Peace Acquires	Universal Being - the Ultimate State	
This is what the World Class Requires!	This is What the World Class Requires!	

# **b.** REUNION & RENUNCIATION



Searching for Peace & Trance	Enjoy their beauty with grace	No flesh of camera disturbs
Behold these two little friends	With gentle looks & silent steps	No Noise of the world perturbs
With Vision in their eyes	After Day's Long Plight	Whistles can never wake them
Flying High & High in the Sky!	They are in deep full rest!	No storms can ever shake them!



They are one in two in whole	The plant is full of bliss divine	What is by knowing which
They have fully credible abode	Where search & research is	We know each & everything
Where the cultured friends live	practiced	else
In & out peace prevails!	With decency decorum & discipline	Silence in noise & peace in
	Everyone is respectful & respected!	chaos
		Realise the state of bliss &
		bless!

## **Concluding Remarks**

Day & night we are in quest of Peace. Round the clock we are in search of self. But do we ever realize the state of self & state of peace? When we have full immersion we are in peace. When we are fully lost we are in peace. When we are fully awake we are in peace. When we are fully conscious we are in peace. When cause & effect reasoning tends to be perfect we tend to be in peace. When we do not think we are in peace. When we are composed we are in peace. All the germinations, all the incubations, all the innovations, all the creations, all the connections emerge from peace. All the algorithms, all the programs, all the executions emerge from peace. Heart & brain entrainment is in peace. Motor muscle momentum resonance is in peace. The blossom, bloom & fragrance reveal peace. The culmination of chaos is always in peace. The universe itself is the manifestation of peace!

Peace is simple! Let us try to realize our self. It is feasible by sustaining natural cultural heritage by winning over our aspirations, passions, possessions and obsessions. Let us learn to act well our part willingly, easily, precisely, timely, satisfactorily as depicted through a composition by Akash as follows:

#### An Artist's Woes

Would you like to be pioneer,?
But a quintessential recluse?
Or the run of a mill
With name & riches?

Would you like to be the one



Whose wanderings lead him to dystopia

Or be the one

Whose is content with life in a utopia?

Would you like to be the one

Who stands against the vicious, tyrant mind

Or be the one

Who sways like a blade of grass in the prairie wind?

Would you like to be the one

Who fights for a cause by embracing insanity

Or be the one

Who accepts society's norms of sanity?

Would you like to be the one

Whose art is criticized by a lone wolf

Or be the one

Who is appreciated by a mindless flock of sheep?

Would you like to be the one

Who snakes his way to fame by appreciation

Or who stays anonymous

By sacrificing his fame to hold conviction?

In the end you will realize

It was your choice

Rather than your ability

Which truly defined you.

Let us try our level best to define our self truly for realizing peace!

#### **Some Reflections of Peace**

1. Let us try our best to be self, recreate & resilient self. No sooner we become the self we realize the state of blissful peace.



- 2. We ought to have thorough understanding that the ultimate outcome of all the arithmetic operations together is constant.
- 3. We need to evolve a theory of conservation of biomass.
- 4. Just as there is theory of conservation of mass, there is theory of conservation of soul.
- 5. The ultimate aim of Education is the realization of universal being. Peace is directly proportional to the ultimate understanding of the universe & healthy interrelation & interdependence amongst all the entities which constitute the universe.
- 6. Truthfulness- Compassion- Forbearance- Forgiveness is the pearl of peace.
- 7. The poorest having richest knowledge is the abode of peace.
- 8. Full immersion in our pious action is a state of bliss.
- 9. A person with full inner control cannot be swayed away by any variable, howsoever, powerful.
- 10. Perfect reasoning of the Cause & Effect Relation leads to Peace.
- 11. All the Disciplines emerge from Peace & merge into Peace.